

# Enjoy the Benefits of Herbalife Nutrition Healthy Breakfast

**Supports Digestion<sup>1</sup>**

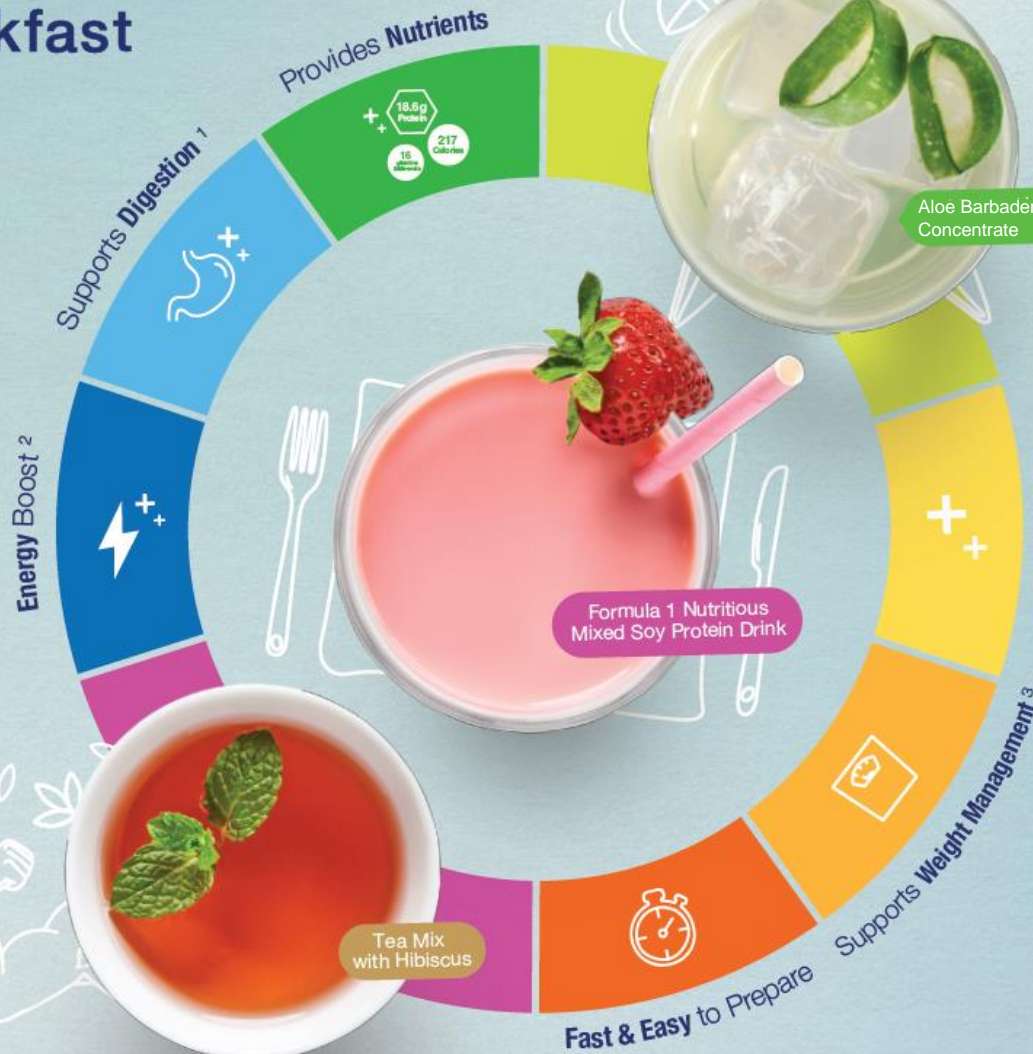
Aloe Barbadensis Concentrate helps support nutrient absorption and digestive health. It also keeps your body hydrated.

**Energy Boost<sup>2</sup>**

Tea Mix with Hibiscus contains naturally-occurring caffeine to give you a boost to make you feel energized and help you stay sharp and active.

**Provides Nutrients**

Formula 1 Nutritious Mixed Soy Protein Drink is nutrient-dense with 16 vitamins and minerals, 18.6g<sup>†</sup> of protein. For every calorie that you receive in one glass of Formula 1 shake, you are loaded with nutrients that your body needs.



**Supports Weight Management<sup>3</sup>**

Formula 1 Nutritious Mixed Soy Protein Drink helps support weight management. It releases energy slowly and keeps you feeling fuller for a longer period of time. It also provides your body with key nutrients and energy without causing quick spikes in blood sugar levels and has only 211<sup>\*\*</sup> kcal to help keep your weight goals in check.

**Fast and Easy to Prepare**

3 minutes is all it takes to prepare the Herbalife Nutrition Healthy Breakfast.

<sup>1</sup>Herbal Aloe Concentrate Mix supports healthy digestion.  
<sup>2</sup>Tea Mix with Hibiscus provides energy boost with its naturally-occurring caffeine.  
<sup>†</sup>One serving of Formula 1 Nutritious Mixed Soy Protein Drink, made with 240ml of low-fat milk

<sup>3</sup>Formula 1 Nutritious Mixed Soy Protein Drink supports weight management.  
<sup>\*\*</sup>One serving of Formula 1 Nutritious Mixed Soy Protein Drink, made with 240ml of low-fat milk.  
<sup>††</sup>These products are not intended to diagnose, treat, cure or prevent any disease.