

29 - 30 July 2025 | Berjaya Times Square Hotel, Kuala Lumpur



# 40<sup>th</sup> Annual Scientific Conference of the Nutrition Society of Malaysia

## Advancing Nutrition for a Healthier Malaysia: Bridging Science, Policy, and Practice

### Important Dates

**Conference:**  
**29-30 JULY 2025**

**Registration & Abstract Submission:**  
**Opens 1 March 2025**

**ABSTRACT SUBMISSION DEADLINE  
EXTENDED:**  
**6 June 2025**

**EARLY BIRD REGISTRATION  
DEADLINE EXTENDED:**  
**6 June 2025**

### About the Conference

Malaysia continues to face growing concerns related to the double burden of malnutrition, with the persistence of undernutrition and the rising incidences of both obesity and non-communicable diseases despite many efforts through various nutrition action plans. There is also rising misinformation regarding nutrition. Advancing nutrition for a healthier Malaysia requires a holistic and collaborative strategy where policies and practices are based on science. Hence, this year's conference theme offers opportunities for multiple stakeholders including academics, health professionals, public and private sectors, and non-governmental organisations to forge a path towards better nutrition for all through good communication, policies and practices that are informed by science.

### CALL FOR ABSTRACTS

Submit your abstracts for presentation in the free paper presentation or poster sessions of the Conference. Abstracts (200 - 250 words) can be in any relevant topic of the symposia categories or conference theme. **Online abstract submission opens 1 March 2025 to 6 June 2025.** For submission guidelines and further details, please visit the conference website.

### WHO should attend?

- Nutritionists in public and private sectors
- Dietitians in public and private sectors
- Nutrition researchers in academic and research organisations
- Nutrition undergraduates / postgraduate students
- Health professionals



### Hotel Room Reservation Form



**Reserve**





# PROGRAMME HIGHLIGHTS



## 40th NSM Anniversary Lecture

### Four Decades of Advancing Nutrition - Way Ahead for NSM

Dr Tee E Siong, Immediate-Past President, Nutrition Society of Malaysia



## Keynote Lecture

### Contribution of Asia to Global Health and Nutrition

Prof Christiani Jeyakumar Henry, Former Director, CNRC, A\*STAR SIFBI, Singapore



## Symposiums on

### Clinical Research in Nutrition

- **Nutrigenetics and nutrigenomics in relation to NCDs**
  - Professor Vimal Karani, University of Reading, United Kingdom
- **Exploring Nutrition's Role in Aging and Cancer Survivorship: Unravelling Telomere Clues**
  - Assoc. Prof. Dr Razif bin Shahril, Universiti Kebangsaan Malaysia
- **Determinants of Physical, Social, and Cognitive Frailty: The Role of Diet, Depression, and Physical Fitness**
  - Dr Divya Vanoh, Universiti Sains Malaysia

### Nutrition from Womb to Tomb

- **Transforming Food Assistance to Enhance Food Security and Nutrition for Asnaf Families in Terengganu**
  - Assoc. Prof. Dr Sharifah Wajihah Wafa Bt Syed Saadun Tarek Wafa, Universiti Sultan Zainal Abidin
- **An early life-course model-of-care to transforming maternal and child healthcare**
  - Dr Loy See Ling, Duke-NUS Medical School, Singapore

### Public Health Nutrition

- **Enhancing Health and Well-being in Dayak Communities : exploring the possibilities of integrating tradition with modern nutrition science**
  - Prof Cheah Whye Lian, UNIMAS
- **Update on NHMS 2024: Nutrition**
  - Dr. Ahmad Ali bin Zainuddin, Institut Kesihatan Umum

## Forum

### Nutrition, Technology and Digital Health

Panelists:



Dr Maheshwara Rao A/L Appannan  
(Kementerian Kesihatan Malaysia)



Dr Khor Swee Kheng  
(Angsana Health)



Assoc Prof Dr Wong Jyh Eiin  
(Universiti Kebangsaan Malaysia)

NEW

## Best Poster Presentation Competition

- Open to postgraduate students from all institutions presenting recent studies in human nutrition.
- Open only to final year Nutrition undergraduate students from the following universities with nutrition programmes.

- IMU University
- Management & Science University (MSU)
- Monash University Malaysia
- Tunku Abdul Rahman University of Management and Technology (TAR UMT)
- UCSI University
- Universiti Kebangsaan Malaysia (UKM)

- Universiti Malaysia Sabah (UMS)
- Universiti Putra Malaysia (UPM)
- Universiti Sains Malaysia (USM)
- Universiti Sultan Zainal Abidin (UniSZA)
- University of Nottingham Malaysia

## Conference Registration Fee

For registration and more details, please visit: <https://www.nsmconference.org.my>

Details of the Conference, submission and acceptance status of abstracts will be updated from time to time through the NSM Conference official website.

SCAN ME



Categories	Early Bird Rate	Normal Rate / On-site (After 6 June 2025)
<b><u>NSM MEMBER</u></b>		
Normal member	RM 600	RM 700
*Group Registration	RM 550	RM 650
Fellow of NSM	RM 350	RM 450
Nutrition Postgraduate student	RM 300	RM 400
<b><u>NON-MEMBER</u></b>		
Participant	RM 1000	RM 1200
Exhibitor	RM 600	RM 800
Nutrition Undergraduate (UG) student	RM 200	RM 300
Other Postgraduate student	RM 550	RM 650
Other UG student	RM 350	RM 450

\*Group registration for NSM member, applicable for group of 5 members.

\*For group registration, please email conference secretariat.

## For enquiries, contact:

### Conference Chairman

Mahenderan Appukutty, PhD  
President, Nutrition Society of Malaysia

✉ [president@nutriweb.org.my](mailto:president@nutriweb.org.my)

or

### Conference Secretariat

Nutrition Society of Malaysia

✉ [secretary@nutriweb.org.my](mailto:secretary@nutriweb.org.my)



## HRDF



### Malaysian delegates:

This conference, organised by the Nutrition Society of Malaysia, is **HRD-corp claimable**.