



Nutrition Society Of Malaysia

33rd Scientific Conference of the Nutrition Society of Malaysia

“Investing in Nutrition: Act Now”

24th – 26th July 2018

Hotel Istana, Kuala Lumpur

Event Report

1. Pictorial Report

PRE-CONFERENCE SCIENTIFIC SYMPOSIUM

**Nutrition Labelling and Claims:
Regulatory Updates in Malaysia**

**24 July 2018
5.00 pm – 8.00 pm**

Pre-conference Scientific Symposium

Nutrition Labelling and Claims: Regulatory Updates in Malaysia



Chairperson:
Dr Tee E Siong
Nutrition Society of Malaysia

Pre-conference Scientific Symposium



Nutrition labelling regulations in Malaysia
by
Ms Fatimah Sulong
Nutrition Division, Ministry of Health Malaysia

Nutrition labelling and claims: regulatory updates in Malaysia
by
Ms Norrani Eksan
Food Safety and Quality Division, Ministry of Health Malaysia



Status of nutrition labelling and claims in Southeast Asia – an overview
by
Ms Jocelyn Wong
ILSI SEA Region

Scientific session in progress



33rd NSM Scientific Conference

Investing in Nutrition: Act Now

25 – 26 July 2018



Registration at Foyer

- 25th July: 7.30am onwards
- 26th July: 8.00am onwards



Official Launch Ceremony



Welcome address
by
Dr Tee E Siong
President, Nutrition Society of Malaysia (NSM)



Official opening & keynote address
by
Ybhg Dato' Dr Hj. Azman bin Hj. Abu Bakar
Deputy Director General of Health (Medical)

Official Launch Ceremony



Tour of Trade Exhibition

NSM Exhibition Booth



Tour of Trade Exhibition

Major Sponsors' Booth



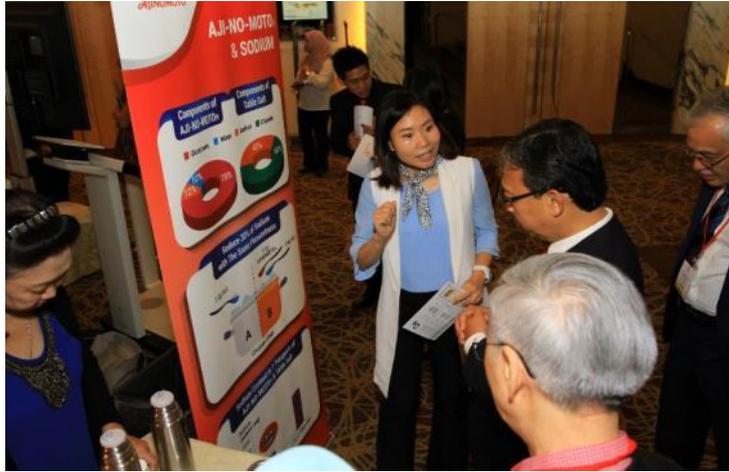
Beneo Asia Pacific Pte Ltd



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Tour of Trade Exhibition

Exhibitors' Booth



Ajinomoto (Malaysia) Berhad



Cotra Enterprises Sdn Bhd (Vitagen)



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Tour of Trade Exhibition

Exhibitors' Booth



Nestle Products Sdn Bhd



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seca Asia Pacific Sdn Bhd

Keynote Address

National strategies and programme to promote nutritional wellbeing of Malaysians - challenges and way forward



Speaker:

Ybhg Dato' Dr Hj. Azman bin Hj. Abu Bakar
Deputy Director General of Health (Public Health), Ministry of
Health Malaysia

Symposium 1

Why Invest in Nutrition ?



Chairperson:
Prof Dr Norimah A Karim
Universiti Kebangsaan Malaysia

Symposium 1



Dietary pattern, gestational weight gain and risk of gestational diabetes mellitus

by

Prof Dr Zalilah Mohd Shariff

Universiti Putra Malaysia

Nutritional status of primary school children in Malaysia

by

Dr Roseline Yap Wai Kuan

Taylor's University, Subang Jaya



Symposium 1



Non-communicable disease (NCD) risk factors among adults in Malaysia

by

Dr Muhammad Fadhli Mohd Yusoff

Institute for Public Health, Ministry of Health Malaysia

**Nutritional status of the elderly in Malaysia:
past, current and future**

by

Dr Hanis Mastura Yahya

Universiti Kebangsaan Malaysia, Kuala Lumpur



Symposium 2

Investing in Nutrition



Chairperson:
Assoc Prof Rokiah Don
International Medical University

Symposium 2



Ensuring infant & young child nutrition in Malaysia

by

Ms Rusidah Selamat

Nutrition Division, Ministry of Health

An urgent need to invest in promoting healthy nutrition and lifestyle among school children

by

Prof Dr Norimah A Karim

Universiti Kebangsaan Malaysia



Symposium 2



**Promoting nutrition and physical activity:
weight management programme Trim & Fit**
by
Mr Muhammad Asyraf bin Ismail
*Health Department of Federal Territory Kuala Lumpur
& Putrajaya*

**Nutrition of the elderly: programme to
promote healthy ageing**
by
Prof Dr Suzana Shahar
Universiti Kebangsaan Malaysia



Symposium 3

Young Researchers' Symposium



Chairperson:
Dr Wong Jyh Eiin
Universiti Kebangsaan Malaysia

Symposium 3



Does CERGAS programme improve body composition and anthropometric measurements in overweight/obese adolescents?

by

Ms Lau Xiao Chuan

Universiti Kebangsaan Malaysia

Higher fast food consumption and poor attitude towards healthy meal preparation are risk factors for childhood obesity/overweight in Kuala Lumpur, Malaysia

by

Ms Ng Choon Ming

UCSI University



Symposium 3



Evaluation of school-based Healthy Lifestyle Program (HLP) for primary school children in Batu Pahat District, Johor

by

Ms Teo Choon Huey
Universiti Putra Malaysia

Effects of 16 weeks vitamin D supplementation on serum 25-hydroxyvitamin D [25(OH)D] and parathyroid hormone (PTH) among women: randomized clinical trial of efficacy

by

Ms Melissa Leong En Ying
International Medical University



Food wastage in Malaysian public hospitals and the reasons behind it

by

Ms Nur Farhana Aminuddin
Universiti Sains Malaysia

Symposium 4

Industry Contributions in Investing in Healthy Nutrition



Chairperson:
Dr Tee E Siong
President, Nutrition Society of Malaysia

Symposium 4



Shaping the future of foods: food and nutrition leadership behind the scenes

by

Ms Cyndy Au

Regional Director, Regulatory & Scientific Affairs (Asia Pacific), DuPont Nutrition & Health

Effective ingredient choices for a prevention-oriented nutrition in obesity and diabetes mellitus- The evidence for prebiotic chicory root fibres and Palatinose

by

Ms Goh Peen Ern

Manager Nutrition Communication, BENE0 Institute, BENE0 Asia- Pacific



***Lactobacillus casei* Shirota (Lcs) effects on human health beyond digestive health (mental and immune health)**

by

Mr Akito Kato

Manager of Gastrointestinal Function Research Laboratory, Basic Research Department, Yakult Central Institute, Japan



Symposium 5a

Nutrition Research Updates



Chairperson:
Dr Zaitun Yassin
Nutrition Society of Malaysia

Symposium 5a



Anemia in pregnancy women attending antenatal care clinic in Cameron Highlands

by

Ms Suwaibah Binti Abd Hadi

District Health Office, Cameron Highlands

Calcium intakes among milk drinkers and non-milk drinkers in prepubertal children aged 9-11 years old from low income families in Kuala Lumpur- the PREBONE-Kids study

by

Ms Wong Soon Yee

International Medical University



Self-efficacy and home food availability is associated with healthy meal preparation practices in Kuala Lumpur children

by

Dr Satvinder Kaur

Faculty of Applied Sciences, UCSI University



Symposium 5a



Dietary Quality of postmenopausal Chinese women in Kuala Lumpur and Selangor

by

Mr Chan Kai Sze

Universiti Putra Malaysia

Sunnah intermittent fasting influence endocrine marker and oxidative pathway among mild cognitive impairment of older adults

by

Ms Asheila Meramat

Universiti Kebangsaan Malaysia



Effectiveness of Kelulut honey in improving the neurocognitive functions if middle-age Malay women

by

Mr Chan Boon Keng

Universiti Kebangsaan Malaysia



Symposium 5b

Nutrition Research Updates



Chairperson:
Dr Roseline Yap Wai Kuan
Taylor's University

Symposium 5b



Mother and Infant Cohort Study (MICOS): study rationale and preliminary findings on vitamin D levels among third-trimester Malaysian pregnant mothers

by

Dr Chin Yit Siew

University Putra Malaysia

Improved anthropometric and metabolic profile in Malaysian – A 6 month dietary intervention with 30% calories from protein

by

Dr Soma Roy Mitra

University of Nottingham Malaysia Campus



Drinking water salinity and the associated risk of raised blood pressure in young reproductive-aged women in coastal Bangladesh: a cross sectional study

by

Syed Mahfuz Al Hasan

Faculty of Medicine, Kagawa University, Japan



Symposium 5b



Dietary acid load and risk of diabetes mellitus among postmenopausal Chinese women

by

Ms Lim Sook Yee

University Putra Malaysia

Association between sleep disturbance and lipid profile in Malay women with low vitamin D levels

By

Ms Ng Chiat Yin

UCSI University



The relationship between education, occupation, and family support with exclusive breastfeeding (case study in Perak Timur Public Health Center Surabaya)

by

Ms Khansa Muthiah

Faculty of Public Health, University of Airlangga, Indonesia



Symposium 5c

Nutrition Research Updates



Chairperson:
Dr Chin Yit Siew
Universiti Putra Malaysia

Symposium 5c



Infant and young child feeding amongst Penan children in rural Sarawak: qualitative findings

by

Ms Bong Mee Wan

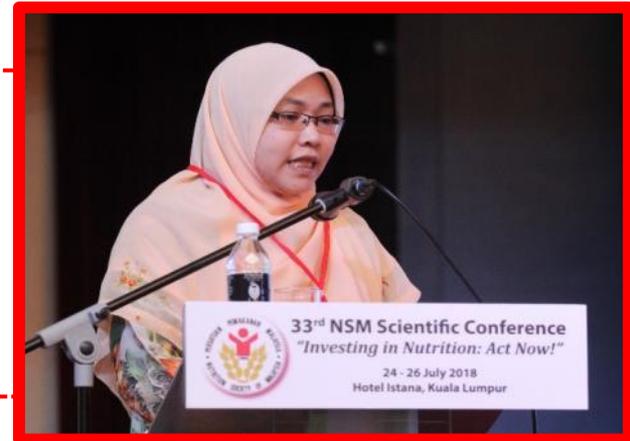
Universiti Kebangsaan Malaysia

Dietary intake, nutritional status and caries experiences among cerebral palsy children in Kelantan: a community intervention study

by

Ms Rathmawati Binti Ahmad

Universiti Sains Malaysia, Kelantan



Association between attraction to physical activity and physical activity level among primary school children

by

Ms Wu Suet Kei

Universiti Kebangsaan Malaysia



Symposium 5c



Associations between fluid intake, hydration, body mass index and cognitive function among adolescents in Selangor, Malaysia

by
Ms Serene Tung En Hui
UCSI University

Vitamin D deficiency and its associated factors among older adults in Alborz province, Iran

by
Ms Maryam Zarei
University Putra Malaysia



Metabolic responses to isomaltulose by Malaysian Chinese adults: A pilot study

by
Ms Chan Chee Shan
International Medical University



Meet the Expert Session

Career As a Nutritionist: What the Future Holds



Chairperson:
Dr Tee E Siong
Nutrition Society of Malaysia



Panelists:
Ms Wong Mei Ching
Group Corporate Nutrition Manager, Nestle
(Malaysia Berhad)

Ms Rusidah Selamat
Nutrition Division, Ministry of Health

Prof Norimah A Karim
Universiti Kebangsaan Malaysia

Prize Presentation Ceremony

NSM Postgraduate Prizes 2018

NSM Undergraduate Prizes 2018

NSM Publication Prizes 2018

NSM Young Researcher's Symposium Prizes 2018

NSM Poster Competition Prizes 2018

NSM Postgraduate Prizes 2018

PhD Thesis Prizes



Dr Nor Baizura Md Yusop
Universiti Putra Malaysia



Dr Satvinder Kaur Nachatar Singh
UCSI University



Dr Wee Bee Suan
Universiti Kebangsaan Malaysia

NSM Postgraduate Prizes 2018

MSc Thesis Prizes



***Ms Chan Chee Shan
International Medical University***



***Mr Mohd Izham Mohamad
Universiti Kebangsaan Malaysia***



***Ms Nurzaime Zulailly
(represented by Dr Razif)
Universiti Sultan Zainal Abidin***



***Ms Tan Shu Wen
Universiti Sains Malaysia***

NSM Postgraduate Prizes 2018

Group Photo



NSM Undergraduate Prizes 2018



Winnie Tiong
(represented by Dr Reena)
Universiti Sains Malaysia



Mr Wong Mun Kin
Universiti Kebangsaan Malaysia



Eva Yu Koh Xing
(represented by Dr Chin Yit Siew)
Universiti Putra Malaysia

NSM Undergraduate Prizes 2018

Group Photo



NSM Publication Prizes 2018

Maternal Nutrition



*Dr Yang Wai Yew
International Medical University*

Mobility and Musculoskeletal Health and Nutrition



*Dr Mahenderan Appukutty
Universiti Teknologi MARA, Shah Alam*

NSM Publication Prizes 2018

Group Photo



NSM Young Researchers' Symposium Prizes 2018



1st Prize:
Teo Choon Huey
Universiti Putra Malaysia



2nd Prize:
Melissa Leong En Ying
International Medical University (IMU)



3rd Prize:
Lau Xiao Chuan
Universiti Kebangsaan Malaysia

NSM Young Researchers' Symposium Prizes 2018



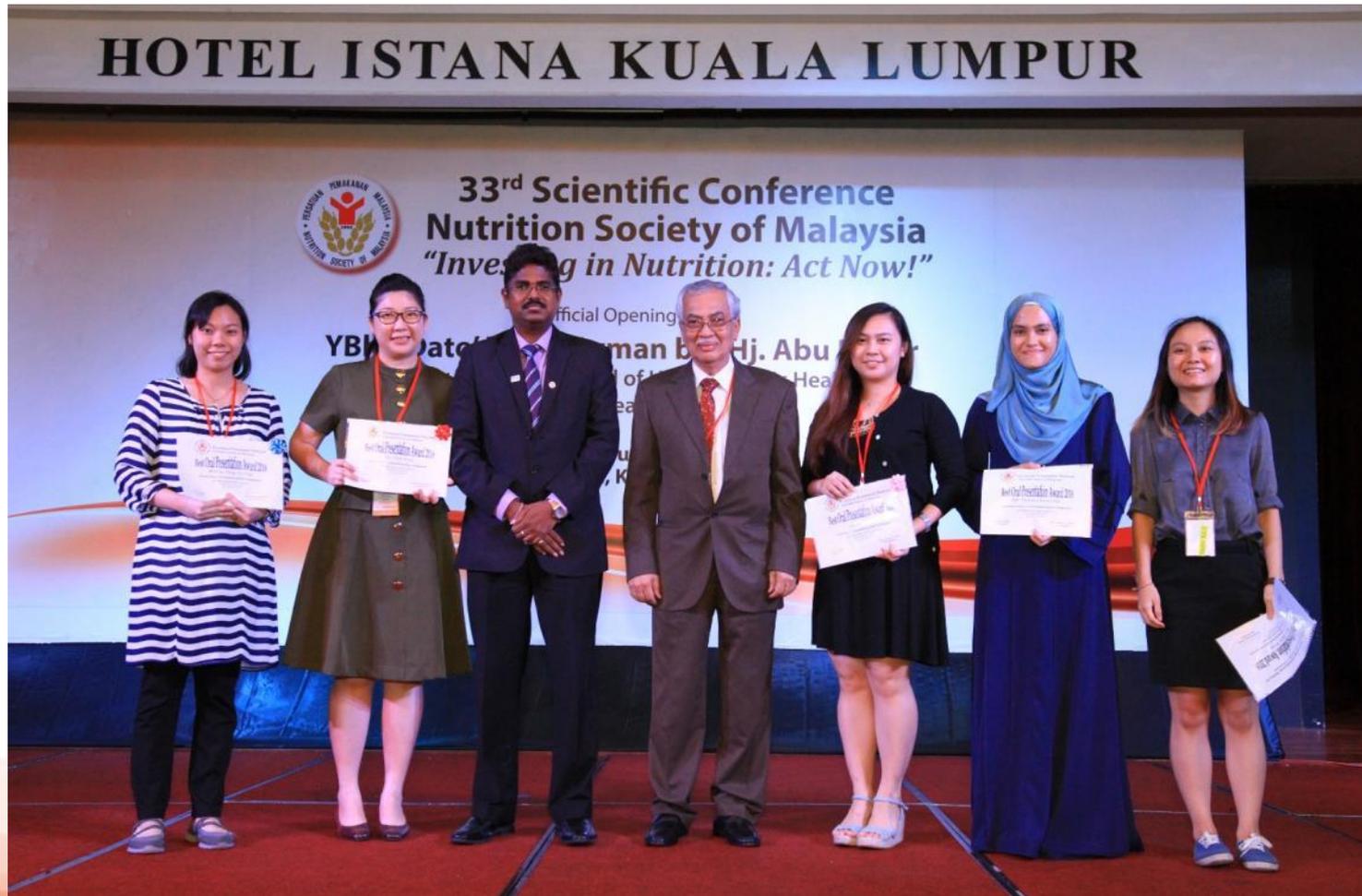
Consolation Prize:
Nur Farhana Aminuddin
Universiti Sains Malaysia



Consolation Prize:
Ng Choon Ming
UCSI University

NSM Young Researchers' Symposium Prizes 2018

Group Photo



NSM Poster Presentation Prizes 2018



1st Prize:
Tan Chiu Yee
Universiti Kebangsaan Malaysia



2nd Prize:
Joseph Cheah Mun Hong
Universiti Putra Malaysia



3rd Prize:
Tanasha Azalea Suhundani
UCSI

NSM Poster Presentation Prizes 2018



Consolation Prize:
Noornabihah Nadhirah Binti Yahaya
Universiti Putra Malaysia



Consolation Prize:
Gan Hui Min
Universiti Sains Malaysia



Consolation Prize:
Tan Ying Chien
International Medical University (IMU)



Consolation Prize:
Nur Fadhilah Binti Auzairuddin
Universiti Putra Malaysia

NSM Poster Presentation Prizes 2018



Consolation Prize:
Nur Syahira Binti Mohamad
Universiti Sains Malaysia



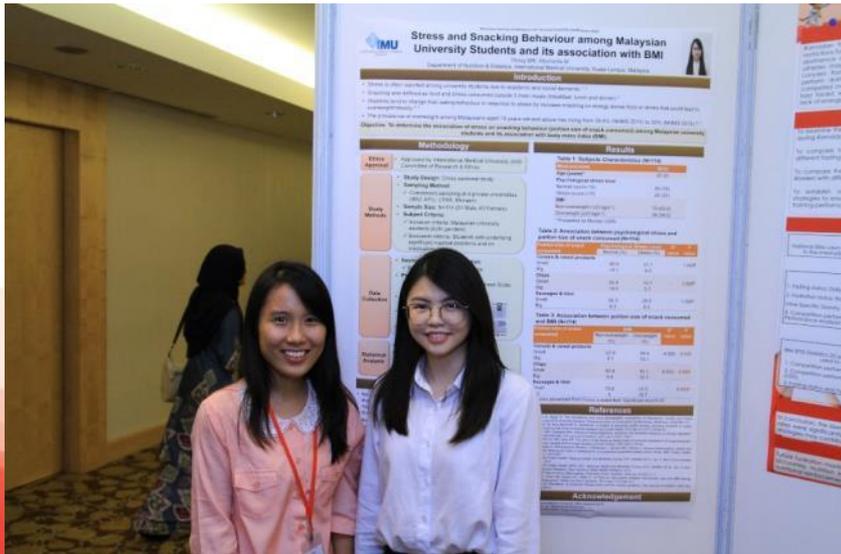
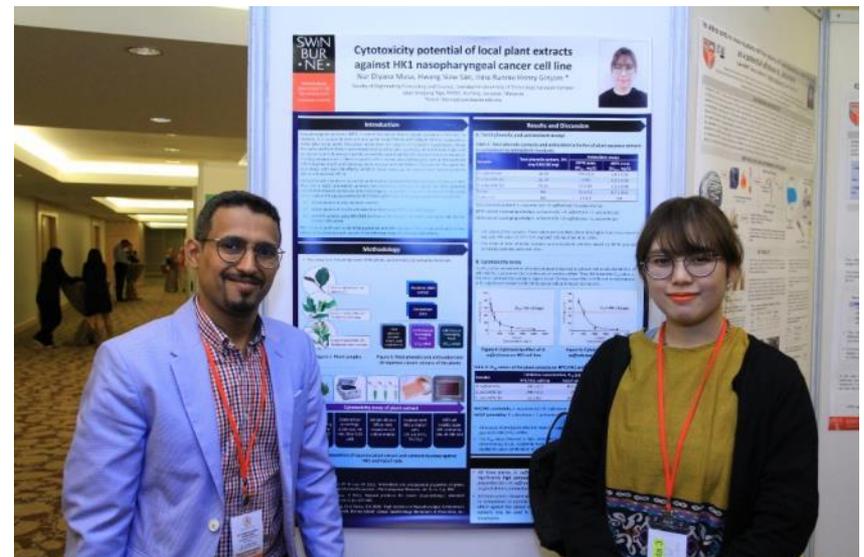
Consolation Prize:
Ho Wan Hui
International Medical University

NSM Poster Presentation Prizes 2018

Group Photo



Poster Presentation



Refreshment & Lunch



Conference Lunch Day 1

Samples by lunch sponsors



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Nutrisoy Soya Milk Drinks***

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Sdn Bhd**

Conference Lunch Day 2

Samples by lunch sponsors



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END & THANK YOU

For more information, please contact:

Dr Tee E Siong (president@nutriweb.org.my)

President of the Nutrition Society of Malaysia (NSM)

Or

NSM Conference Secretariat:



VersaComm Sdn Bhd

- Ms Muhaini Hussin (muhaini@versa-group.com; 012-357 9462)
- Ms Yvonne Chwee (yvonne@versa-group.com; 016-673 8327)