



Nutrition Society of Malaysia

31st NSM Scientific Conference

*“Better Nutrition,
Healthier Malaysians”*

31 May - 1 June, 2016
Hotel Istana, Kuala Lumpur

Event Report

Pictorial Report



Registration at Foyer

- 31st May: 7.30am onwards
- 1st June: 8.30am onwards



Official Launch Ceremony



Welcome address

by

Dr Tee E Siong

President, Nutrition Society of Malaysia (NSM)



Official speech

by

Yang Berhormat Dato' Seri Dr Hilmi Bin Haji Yahaya

Deputy Minister of Health Malaysia



Tour of Trade Exhibition

NSM Exhibition Booth



Tour of Trade Exhibition

Major Sponsors' Booth



A. Clouet & Co. (KL) Sdn Bhd (Ayam Brand)



Nestle Products Sdn Bhd



PepsiCo (Malaysia) Sdn Bhd

Tour of Trade Exhibition

Exhibitors' Booth



Cotra Enterprises Sdn Bhd (Vitagen)



Ajinomoto (Malaysia) Berhad



United Lifestyle Sdn Bhd



Yakult (Malaysia) Sdn Bhd

Tour of Trade Exhibition



**University of Malaya Press
(publisher of Malaysian Diet: The Plain
Truth)**



**Allied Health Sciences Division, MOH
(pre-registration as per requirement of
Allied Health Professions Act)**

Keynote Address

The role of nutrition research to meet the current and future nutritional challenges in a developing country like Malaysia



Chairperson:
Emeritus Prof Dr Mohd Ismail Noor
Taylor's University



Speaker:
Prof Christiani Jeyakumar Henry
Director, Clinical Nutritional Research Centre,
Singapore
*Institute for Clinical Sciences, A*STAR Singapore*

Symposium 1

Promoting Better Nutrition for Healthier Malaysians



Chairperson:
Puan Rokiah Bt Don
Nutrition Society of Malaysia

Symposium 1



Key findings of the recent Malaysian Adult Nutrition Survey (MANS) 2014

by

Mr Mohamad Hasnan Ahmad

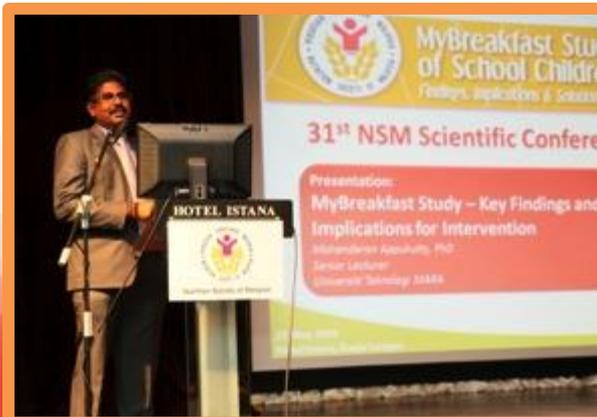
Institute for Public Health, Ministry of Health Malaysia

The National Health and Morbidity Survey 2015: NCD risk factors

by

Dr Muhamad Fadhli Mohd Yusoff

Institute for Public Health, Ministry of Health Malaysia



My Breakfast Study – Key findings and implications for intervention

by

Dr Mahenderan Appukutty

Universiti Teknologi MARA, Shah Alam

Symposium 2

Promoting Better Nutrition for Healthier Malaysians



Chairperson:
Prof Dr Norimah A Karim
Universiti Kebangsaan Malaysia

Symposium 2



The Third National Plan of Action for Nutrition of Malaysia (NPANM), 2016-2025

by

Ms Zalma Abdul Razak

Nutrition Division, Ministry of Health

Malaysian Food Composition Database Programme

by

Ms Rusidah Selamat

Nutrition Division, Ministry of Health



Symposium 2



**FBDGs of specific population groups –
Pregnant and lactating women, elderly,
vegetarians**

by

Ms Gui Shir Ley

Nutrition Division, Ministry of Health

**MyNutriBaby – A contemporary parent
education programme on infant and young
child nutrition**

by

Dr Tan Sue Yee

International Medical University, Kuala Lumpur



Symposium 3

Young Researcher's Symposium



Chairperson:
Dr Zaitun Yassin
Nutrition Society of Malaysia

Symposium 3



The Great-Child Trial: A quasi-experimental intervention to improve knowledge, attitude and practice (KAP) towards whole grain among overweight/obese schoolchildren in Kuala Lumpur, Malaysia

by

Ms Koo Hui Chin

Universiti Kebangsaan Malaysia

Prevalence of functional constipation and symptoms characteristics among students in Universiti Putra Malaysia

by

Ms Lim Ying Jye

Universiti Putra Malaysia



Prevalence of malnutrition, soil-transmitted helminth infection and anemia among aboriginal children aged 1 to 6 in Gua Musang, Kelantan

by

Ms Oui Pek Geik

Universiti Kebangsaan Malaysia



Symposium 3



Juara Sihat: Effectiveness of a school-based childhood obesity nutrition education programme with intervention on eating habits and physical activity in Kuala Lumpur, Malaysia

by

***Ms Devanthini Dewi A/P Gunasekaran
Universiti Kebangsaan Malaysia***

Screening of aflatoxin M1 metabolite in urine samples among residents in Terengganu, Malaysia

by

***Ms Farah Nadira Binti Ahmad
Universiti Putra Malaysia***



Symposium 4

Industry Contribution to Promoting Better Nutrition



Chairperson:
Dr Tee E Siong
President, Nutrition Society of Malaysia

Symposium 4



Eat smart – Steer your metabolic and digestive health with science-based ingredients

by

Ms Goh Peen Ern

Manager Nutrition Communication, BENE0 Institute, BENE0 Asia-Pacific

The universal nutrition benefits of breakfast cereals & whole grain

by

Ms Cher Siew Wei

Corporate Wellness Manager, Nestle Products Sdn Bhd



Oat basics & cooking with oats

by

Dr Roseline Yap Wai Kuan

Senior Lecturer, Taylor's University



Symposium 4



New frontiers in fibre: Emerging research and health benefits

by

Dr Connie Weaver

Distinguished Professor and Head of the Department of Nutrition Science, Purdue University, USA

The latest findings relating to fats: The new roles of Omega-3 and MCT

by

Dr Takuji Shirasawa

Visiting Professor, Neurology of Michigan, USA



Symposium 5

Focused Symposium on Infant & Young Child Nutrition



Chairperson:

***Emeritus Prof Dr Khor Geok Lin
Universiti Putra Malaysia***

Symposium 5



Dietary intake and blood status of gangliosides among Malaysian toddlers
by
Dr Sangeetha Shyam
International Medical University

Dietary intake of mothers and gangliosides content in breast milk

by
Assoc Prof Dr Hamid Jan Jan Mohamed
Universiti Sains Malaysia, Kubang Kerian



Symposium 5



Compliance with WHO IYCF indicators and dietary adequacy of subjects aged 6-23 months from day care centres in Kuala Lumpur and Putrajaya

by

Dr Tan Sue Yee

International Medical University

Weighing food intake of toddlers in Bambino Project: Sharing experiences

by

Dr Megan Chong

International Medical University, Kuala Lumpur



Symposium 6a

Nutrition Potpourri



Chairperson:
Assoc Prof Dr Mohd Nasir Mohd Taib
Universiti Putra Malaysia

Symposium 6a



Association of serum leptin levels and LEP gene variation with body composition and insulin resistance in obese Malaysian adults

by

Ms Tan Pui Yee

University of Nottingham Malaysia Campus, Semenyih

Primary school obesogenic environment model: Case study in Brunei Darussalam

by

Ms Siti Rohaiza Ahmad

PAPRSB Institute of Health Science, Universiti Brunei Darussalam



Effect of 4 weeks probiotic supplementation on body weight, fasting blood glucose levels, waist circumference, waist-to-hip ratio and fecal short chain fatty acids among overweight Malaysian adults; A pilot study

by

Mr Muhammad Daniel Azlan Mahadzir

International Medical University



Symposium 6a



Meal pattern, dietary intake and prevalence of hypertension, hypercholesterolemia and diabetes mellitus among adults in coastal community in Semporna, Sabah

by
Ms Hazriani Harris
Universiti Malaysia Sabah

Metabolomics reveals metabolite changes following *Cosmos caudatus* supplementation in patients with type 2 diabetes: A randomized controlled trial

by
Ms Cheng Shi Hui
Universiti Putra Malaysia



Symposium 6b

Nutrition Potpourri



Chairperson:
Dr Wong Jyh Eiin
Universiti Kebangsaan Malaysia

Symposium 6b



Glycaemic responses to isomaltulose and to sucrose in isomaltulose tolerant and intolerant Chinese adults

by

Ms Chan Chee Shan

International Medical University

Early nutrition, growth and cognitive development of infants from birth to 2 years: Methodology and preliminary findings at 6 months

by

Ms Nurliyana Abdul Razak

Universiti Putra Malaysia



Dietary polyphenols: Populations' intake estimation, dietary sources and potential health benefits

by

Dr Hanis Mastura Yahya

Universiti Kebangsaan Malaysia



Symposium 6b



Dietary approach using probiotics as a potential strategy to prevent human dietary aflatoxin exposure
by
Dr Mohd Redzwan Sabran
Universiti Putra Malaysia

Development of the First Malaysian Active Healthy Kids Report Card on physical activity for children
by
Dr Razinah Sharif
Universiti Kebangsaan Malaysia



Meet the Experts Session

Implementation of Allied Health Professions Act 2016



Panelists:

Dato Tan Yoke Hwa

Ms Zalma Abdul Razak

Mr Nik Mohamed Hazmi bin Nik Hussain

Moderator:

Dr Tee E Siong



Prize Presentation Ceremony

NSM Fellows Award 2016

NSM Postgraduate Prizes 2016

NSM Undergraduate Prizes 2016

NSM Publication Prizes 2016

NSM Young Researcher's Symposium Prizes 2016

NSM Poster Competition Prizes 2016

NSM Fellows Award 2016



Dr Mahenderan Appukutty



Associate Prof Dr Hamid Jan Bin Jan Mohamed



NSM Postgraduate Prizes 2016

PhD Thesis Prizes



Dr Chong Pei Nee
Universiti Kebangsaan Malaysia



Dr Tiew Kee Fong
Universiti Putra Malaysia

NSM Postgraduate Prizes 2016

MSc Thesis Prizes



Chong Kar Hau
Universiti Kebangsaan Malaysia



Hiew Chu Chien
Universiti Putra Malaysia



Nur Nadia Mohamed
Universiti Sains Malaysia

NSM Postgraduate Prizes 2016

Group Photo



NSM Undergraduate Prizes 2016



Chen Yoke San
Universiti Kebangsaan Malaysia



Chai Wen Shin
Universiti Putra Malaysia



Dr Foo Leng Huat
representing
Rebecca Wong Leh Ping
Universiti Putra Malaysia

NSM Publication Prizes 2016

Maternal Nutrition



Yang Wai Yew
International Medical University



Nurzalinda Zalbahar @ Zabaha
Universiti Putra Malaysia
represented by
Dr Hamid Jan Jan Mohamed



NSM Young Researcher's Symposium Prizes 2016



1st Prize:
Koo Hui Chin
Universiti Kebangsaan Malaysia



2nd Prize:
Devanthini Dewi A/P Gunasekaran
Universiti Kebangsaan Malaysia



3rd Prize:
Farah Nadira Binti Ahmad
Universiti Putra Malaysia

NSM Young Researcher's Symposium Prizes 2016



Consolation Prize:
Lim Ying Jye
Universiti Putra Malaysia



Consolation Prize:
Oui Pek Geik
Universiti Kebangsaan Malaysia



NSM Poster Presentation Prizes 2016



1st Prize:
Ng Yeng Yi
International Medical University



2nd Prize:
Lee Yong Zhuang
Universiti Kebangsaan Malaysia



3rd Prize:
Joyce Tee Ying Hui
Universiti Putra Malaysia

NSM Poster Presentation Prizes 2016



Consolation Prize:
Nik Nuramalina Izati Binti Zulkifle
Universiti Kebangsaan Malaysia



Consolation Prize:
Nur Amalin Binti Juhari
Universiti Putra Malaysia



Consolation Prize:
Saadiah Binti Abu Bakar
Universiti Putra Malaysia



Consolation Prize:
Er Ying Ting
Universiti Putra Malaysia

NSM Poster Presentation Prizes 2016



Consolation Prize:
Chang Shi Qing
Universiti Putra Malaysia



Consolation Prize:
Chan Kai Sze
Universiti Putra Malaysia



Refreshment & Lunch



END & THANK YOU

For more information, please contact:

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31st NSM Conference Secretariat

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