



34th

Scientific

Conference

Theme

Healthy Nutrition:

**Key to Disease
Prevention**

3 – 4 July 2019

Hotel Istana, Kuala Lumpur

**EVENT
REPORT**

Prepared by:

Secretariat

Date:

18 July 2019

1. PICTORIAL REPORT

Registration at Foyer



- 3 July: 7.30am onwards
- 4 July: 8.00am onwards

Official Launch Ceremony



Welcome address
by
Dr Tee E Siong
President, Nutrition Society of Malaysia
(NSM)



Speech and official opening
by
Ybhg Dato' Seri Dr Chen Chaw Min
Secretary-General,
Ministry of Health Malaysia

Official Launch Ceremony



Tour of Trade Exhibition

NSM Exhibition Booth



Tour of Trade Exhibition

Major Sponsors' Booth



Danone Dumex (Malaysia) Sdn Bhd



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Exhibitors' Booth



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Tour of Trade Exhibition

Exhibitors' Booth



InBody Asia Sdn Bhd



Malaysian Palm Oil Council



Nestle Products Sdn Bhd

Plenary Lecture 1

Nutritional intervention for the management of faltering growth and its potential risks



Chairperson:
Emeritus Prof Dr Ismail Noor
Taylor's University



Speaker:
Dr Tan Sue Yee
Consultant Nutritionist, Kuching

Symposium 1

Maternal, Infant and Young Child Nutrition



Chairperson:
Emeritus Prof Dr Khor Geok Lin
Universiti Putra Malaysia

Symposium 1

Maternal, Infant and Young Child Nutrition



Promoting healthy maternal nutrition for the best start in life
by
Dr Mastura Ismail
Seremban 2 Health Clinic, Seremban

Tackling maternal anaemia saves maternal and infant lives

by
Dr Faridah Abu Bakar
Family Health Development Division,
Ministry of Health Malaysia



Symposium 1

Maternal, Infant and Young Child Nutrition



**Stunting and low birth weight –
tackling the persistent problems**

by

Ms Zalma Abdul Razak

Nutrition Division, Ministry of Health Malaysia

**Promoting confidence in
breastfeeding practices**

by

Assoc Prof Rokiah Don

*Department of Nutrition & Dietetics,
School of Health Sciences,
International Medical University*



Lunch Symposium 1

Education modules on early nutrition and lifestyle during pregnancy and early childhood –
by Early Nutrition eAcademy Southeast Asia (ENeA – SEA)



Chairperson:
Dr Tan Sue Yee
Consultant Nutritionist,
Kuching



Speakers:
Dr Roseline Yap & Dr Wong Jyh Eiin
On behalf of ENeA-SEA Consortium Partner,
Nutrition Society of Malaysia

Symposium 2

Functional Ingredients and Health



Chairperson:
Dr Tee E Siong
Nutrition Society of Malaysia

Symposium 2

Functional Ingredients and Health



Clinical application of palm-tocotrienols: challenges and opportunities

by

Dr Fu Ju Yen

Nutrition Unit, Malaysian Palm Oil Board

Human milk oligosaccharides – overview of nutritional significance

by

Ms Cyndy Au

DuPont Nutrition and Biosciences, Singapore



Regulatory update on functional ingredients: permitted health claims in Malaysia

by

Ms Nurul Hidayati Mohd Nasir

*Food Safety and Quality Division,
Ministry of Health Malaysia*



Nutrition Update 1



Chairperson:
Assoc Prof Dr Loh Su Peng
Universiti Putra Malaysia

Nutrition Update 1



Relationship between overweight/obesity and anemia in vocational high school students (adolescent girls) in Bekasi, Indonesia

by

Mr Muhammad Nur Hasan Syah

University of Pembangunan National Veteran Jakarta, Indonesia

Nutritional factors associated with autism severity in children with Autism Spectrum Disorder at an autism intervention center in Kuala Lumpur

by

Mr Eow Shiang Yen

Universiti Putra Malaysia



Rate of gestational weight gain trajectory is associated with adverse pregnancy outcomes

by

Ms Yong Heng Yaw

Universiti Putra Malaysia



Nutrition Update 2



Prevalence of eating disorder risk and its associated factors among high school adolescents Terengganu, Malaysia

by

Ms Nizatul Nurain Mazubir
Universiti Sultan Zainal Abidin

Maternal body mass index, dietary intake and choice of infant feeding method: a cross sectional study in Petaling district, Selangor

by

Ms Kughaneshwary Silvermany
Management and Science University



Omega-3 fatty acids and probiotics in improving immune response in highly active individuals: a pilot randomised controlled trial

by

Ms Chen Wei Mun
International Medical University

Symposium 3

Young Researchers' Symposium



Chairperson:
Dr Zaitun Yassin
Nutrition Society of Malaysia

Symposium 3

Young Researchers' Symposium



FTO gene variants (rs9930501, rs9930506 and rs9932754) and post-intervention differences in anthropometric and cardio-metabolic parameters after a 6-month Hipcref diet intervention in overweight and obese Malaysian adults

by

Ms Tan Pui Yee

University of Nottingham Malaysia

Are Malaysian children with low calcium intakes having low bone mass?

by

Ms Kanimolli a/p Arasu

International Medical University



The KidChen Study: Effectiveness of a hands-on healthy meal preparation intervention among primary schoolchildren in Kuala Lumpur, Malaysia

by

Ms Ng Choon Ming

UCSI University

Symposium 3

Young Researchers' Symposium



The impact of F.E.A.T weight reduction programme on health-related quality of life among obese adult
by
Ms Wirdah Mohamed
Universiti Kebangsaan Malaysia

Low daily energy intake, household smoke and sugar exposure increased the risk of dental caries in pre-schoolers
by
Ms Lee Zhi Ling
Universiti Putra Malaysia



Effects of sunlight exposure and vitamin D supplementation on serum 25-hydroxyvitamin D concentrations, high molecular weight adiponectin and metabolic syndrome risk factors
by
Ms Norliyan Aris
Universiti Sains Malaysia

Nutrition Update 2



Chairperson:
Dr Wong Jyh Eiin
Universiti Kebangsaan Malaysia

Nutrition Update 2



The influence of obstetrics characteristic on early initiation of breastfeeding among mothers in Petaling District, Selangor: My SHAPE Project 2019

by

***Ms Kavithira P Kumaran
Management and Science University***

Encapsulated fish oil results in higher absorption of DHA in toddlers

by

***Dr Samaneh Ghasemi Fard
Nu-Mega Ingredients Pty Ltd, Brisbane, Australia***



Nutritional status and associated risk factors amongst older adults in Al Madinah Al Munawarah

by
***Assoc Prof Dr Ahlam Badreldin El Shikieri
Taibah University, Al Madinah Al Munawarah, Kingdom of Saudi Arabia***

Nutrition Update 2



Prevalence of stunting among Malaysian school-aged children living in welfare homes and its contributed factors

by

Ms Nur Amalin Juhari

Universiti Putra Malaysia

Association of intensity and type of physical activity with post-partum weight gain among mothers in Petaling District, Selangor

by

Ms Shameradevi Tamil Selvam

Management and Science University



Prevalence of stunting among infants and its association with maternal characteristics in Petaling District, Selangor

by

Ms Siti Madihah Muhammad Royani

Management and Science University

Symposium 4

School Child and Adolescent Nutrition



Chairperson:
Assoc Prof Rokiah Don
International Medical University

Symposium 4

School Child and Adolescent Nutrition



School Nutrition Programmes for primary school children – experiences and learnings
by
Ms Teo Choon Huey
Universiti Putra Malaysia

Understanding and prevention of disordered eating among Malaysian adolescents

by
Dr Chin Yit Siew
Universiti Putra Malaysia



Symposium 4

School Child and Adolescent Nutrition



Good Nutrition Key to Healthy Children – a multi-country school nutrition intervention in SEA

by

Norimah A Karim

On behalf of Malaysia Technical Committee for GNKHC

Use of red palm oil fortified biscuits to reduce vitamin A deficiency among rural primary school children in Malaysia

by

Radhika Loganathan

Nutrition Unit, Malaysian Palm Oil Board



Lunch Symposium 2

Nutrition Month Malaysia – a multi-stakeholder collaborative community nutrition promotion programme



Chairperson:
Dr Zawiah Hashim
Nutrition Society of Malaysia



Speaker:
Dr Roseline Yap
On behalf of Nutrition Month Malaysia 2019
National Steering Committee

Plenary Lecture 2

Probiotics effects on gut microbiota and short-chain fatty acids of normal and overweight school children after probiotics administration



Chairperson:
Dr Tee E Siong
Nutrition Society of Malaysia



Speaker:
Dr Syafinaz Amin Nordin
Universiti Putra Malaysia

Symposium 5

Physical Activity and Sedentary Behaviour



Chairperson:
Assoc Prof Dr Mahenderan Appukutty
Universiti Teknologi MARA

Symposium 5

Physical Activity and Sedentary Behaviour



Toybox Study Malaysia – improving healthy energy balance and obesity-related behaviours among pre-schoolers

by

Prof Dr Poh Bee Koon

Universiti Kebangsaan Malaysia

Active living for healthy ageing: An exercise recommendation for older adults

by

Dr Arimi Fitri Mat Ludin

Universiti Kebangsaan Malaysia



Malaysian preschoolers' physical activity, sedentary behaviour and sleep: compliance with the 24-hour movement guidelines

by

Ms Lee Shoo Thien

Universiti Kebangsaan Malaysia

Nutrition Update 3



Chairperson:
Ms Zaiton Daud
Ministry of Health Malaysia

Nutrition Update 3



Nutrition during pregnancy and its association with birth weight: findings from the Maternal and Infant Cohort Study (MICOS)

by

Muliana Edi

Universiti Putra Malaysia

Vitamin D deficiency and its related factors in umbilical cord blood of neonates

by

Lee Siew Siew

Universiti Putra Malaysia



Post diagnosis circulating micronutrients and survival of nasopharyngeal carcinoma patients: A prospective case control study

by

Vaidehi Ulaganathan

University Putra Malaysia

Nutrition Update 2



Contribution of prenatal factors towards 6 months postpartum weight retention (PPWR): Evidence from a Maternal and Infants Cohort Study (MICOS)

by

Siti Huzaifah Mohamed Hussien
Universiti Putra Malaysia

Association between compliance status of dietary iron supplementation and anaemia status among pregnant women attending selected health clinics in Selangor and Kuala Lumpur

by

Tan Meng Lee
Universiti Putra Malaysia



Post diagnosis circulating micronutrients and survival of nasopharyngeal carcinoma patients: A prospective case control study

by

Vaidehi Ulaganathan
Universiti Putra Malaysia

Meet the Experts Session

Public Private Partnership in Food and Nutrition: The Roles and Challenges of a Nutritionist

- Date: 3 July 2019
- Time: 6 – 8 pm
- Venue: Function Rooms Nilam and Delima



Lunch Symposium



Faculty Dinner



- Date: 3 July 2019
- Time: 8 – 9.30 pm
- Venue: Function Room Safir I

Poster Presentation



PRIZE PRESENTATION CEREMONY

NSM Postgraduate Prizes 2019

NSM Undergraduate Prizes 2019

NSM Publication Prizes 2019

NSM Young Researchers' Symposium Prizes 2019

NSM Poster Competition Prizes 2019

NSM Postgraduate Prizes 2019

PhD Thesis Prize



Dr Lau Xiao Chuan
Universiti Kebangsaan Malaysia



Dr Serene Tung En Hui
Universiti Putra Malaysia



Dr Wan Putri Elena bt Wan Dali
(represented by Dr Hamid Jan)
Universiti Sains Malaysia

NSM Postgraduate Prizes 2019

PhD Thesis Prize



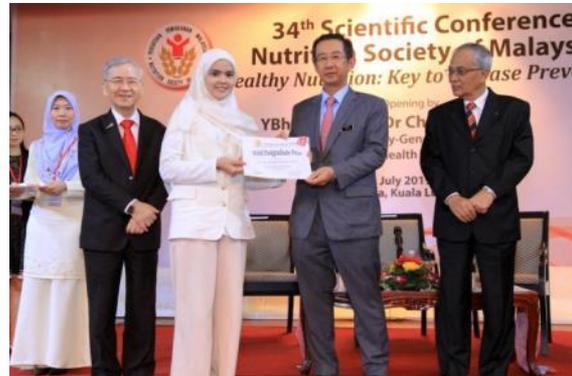
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NSM Postgraduate Prizes 2019

Msc Thesis Prize



Bong Mee Wan
Universiti Kebangsaan Malaysia



Nur Izzatun Nasriah Nasruddin
Universiti Kebangsaan Malaysia



Siti Fatimah bt Murtaza
Universiti Putra Malaysia



Nurulhuda bt Abd Aziz
(represented by xxx)
Universiti Sains Malaysia



Melissa Leong En Yin
International Medical
University

NSM Postgraduate Prizes 2019

Msc Thesis Prize



Group Photo

NSM Undergraduate Prizes 2019

Undergraduate Thesis Prize



Yong Tze Ying
Universiti Putra Malaysia



Wong Lai Shan
Universiti Kebangsaan Malaysia



Nik Nur Izyan bt Nik Mustapa
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Universiti Sains Malaysia



Teo Chun Yi
International Medical University



Ooi Yong Xuan
Management and Science
University



Loo Yen Chi
UCSI University

NSM Undergraduate Prizes 2019

Undergraduate Thesis Prize



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NSM Publication Prizes 2019

Maternal Nutrition



Ms Ng Choon Ming
UCSI University



Dr Yong Heng Yaw
Universiti Putra Malaysia

Mobility and Musculoskeletal Health and Nutrition



Ms Lim Sook Yee
(Represented by Dr Chin Yit Siew)
Universiti Putra Malaysia

NSM Publication Prizes 2019



Group Photo

(with Pn Megawati, representative from Fonterra – the sponsor of NSM publication prizes)

NSM Young Researchers' Symposium Prizes 2019



1st Prize:
Norliyana Aris
Universiti Sains Malaysia



2nd Prize:
Ng Choon Ming
UCSI University



3rd Prize:
Kanimolli a/p Arasu
International Medical University

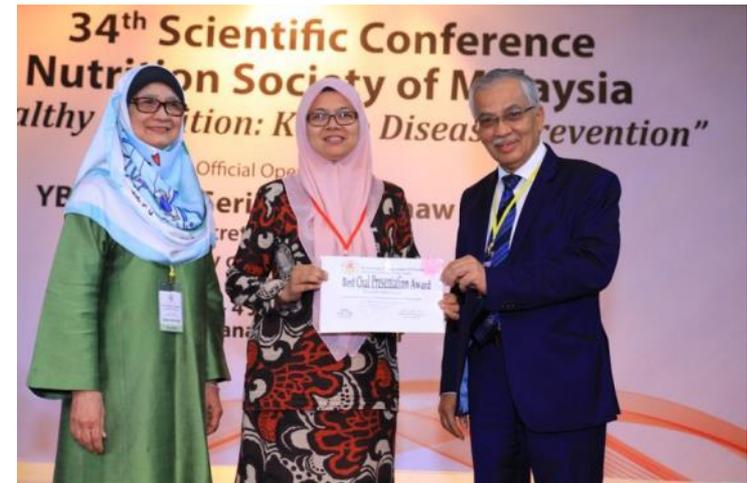
NSM Young Researchers' Symposium Prizes 2019



Consolation Prize:

Tan Pui Yee

University of Nottingham Malaysia



Consolation Prize:

Wirdah Mohamed

Universiti Kebangsaan Malaysia



Consolation Prize:

Lee Zhi Ling

Universiti Putra Malaysia

NSM Young Researchers' Symposium Prizes 2019



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NSM Poster Presentation Prizes 2019



1st Prize:
Raewadee A/P Bon Rit
Universiti Sains Malaysia



2nd Prize:
Nurafiqah Binti Abdullah
Universiti Putra Malaysia



3rd Prize:
Rasyidah Binti Ali
Universiti Putra Malaysia

NSM Poster Presentation Prizes 2019



Consolation Prize:
Nurul Amira Nabilah Binti Kamarudin
Universiti Kebangsaan Malaysia



Consolation Prize:
Ong Jer Min
UCSI University



Consolation Prize:
Nurul Huda Binti Ali
Universiti Sains Malaysia



Consolation Prize:
Wong Pei Yun
Management and Science University

NSM Poster Presentation Prizes 2019



Consolation Prize:
Wong Lai Shan
Universiti Kebangsaan Malaysia



Consolation Prize:
Nur Syamimi Binti Zaini
Universiti Putra Malaysia

NSM Poster Presentation Prizes 2019



Group Photo

Acknowledgement

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END & THANK YOU

For more information, please contact:

Dr Tee E Siong (president@nutriweb.org.my)

President of the Nutrition Society of Malaysia (NSM)

Or

NSM Conference Secretariat:



VersaComm Sdn Bhd

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