

Free e-learnings

FrieslandCampina Institute offers a number of e-learning modules that are developed by professionals, for professionals. They are free of charge and certificates are available upon completion.

Available e-learnings



Sustainable diets

Learn about the environmental impact of food, the composition of a more sustainable and healthy diet, diet modelling approaches and more!



Child development in the first 5 years

Explore how children develop in the first 5 years, the role of nutrition during this critical period and the development of good eating habits.



Gestational weight gain

Better understand the various aspects of gestational weight gain and how it impacts maternal and child health.















