

**Final Announcement**



# 37<sup>th</sup>

## Scientific Conference

# Nutrition response to COVID-19 and NCDs

June 2022 | Virtual Platform: ZOOM

**Final Announcement**

### Important Dates

*Conference:*

**21-22 June 2022**

*Post-conference activity:*

**23 June 2022**

Briefing session on  
AHP Act 774: Nutritionists

*Registration Deadline:*

**16 June 2022**

Greetings from the Nutrition Society  
of Malaysia (NSM) Conference  
Organising Committee!

Welcome to the NSM 37th Scientific  
Conference 2022!

The conference, with the theme  
**'Nutrition response to COVID-19  
and NCDs'**

invites all stakeholders involved in  
nutrition research and promotion to join  
this annual scientific meeting of NSM.

Dr Tee E Siong  
Chairman of the Organising Committee

## About The CONFERENCE

The COVID-19 pandemic over the past 2 years has changed the lives of people around the world, including Malaysia, causing unprecedented challenge to livelihood, public health, food systems and the work environment. Amidst these difficulties, it is even more important to maintain a healthy lifestyle, including healthy nutrition, as the pandemic has revealed the importance of strong immune system to fight against the virus.

However, the pandemic has imposed a new set of challenges for the population to maintain optimal nutrition, particularly the most vulnerable groups, including young children, pregnant and lactating women, older persons and disadvantaged families. The threat of food insecurity among the vulnerable groups would inevitably make them more susceptible to undernutrition. Besides, dietary patterns could have also worsened, driven by stress, fear and anxiety experienced during the pandemic. At the same time, the country is still struggling with the

high prevalence of non-communicable diseases (NCDs), in which unhealthy diets and sedentary lifestyle are major drivers, affecting wide segments of the population. It is known that people living with NCDs are more at risk of severe consequences from COVID-19.

Scaling up efforts to prevent all forms of malnutrition, as well as making available data in a timely manner to help identify emerging nutritional issues and subsequent intervention especially in addressing the nutritional needs of the populations amid COVID-19 is vital. There is an urgency to share evidence, emerging data and practical insights from nutrition experiences, adaptations, programmes & research. These can be utilised to support stakeholders in implementing effective policies and programmes to support better

nutrition outcomes during the COVID-19 pandemic and the continued fight against NCDs.

The theme of the 37th NSM Annual Scientific Conference underscores the importance of nutrition as an integral part of the nation's fight against health threats, particularly COVID-19 response and recovery strategies. This conference aims to serve as a platform for all stakeholders to productively exchange and discuss the nutrition-COVID-19 interplay i.e. the effects of the pandemic on nutritional consequences, and nutritional perspectives for the mitigation of COVID-19.



## WHO SHOULD ATTEND

- Nutritionists in public and private sectors
- Dietitians in public and private sectors
- Nutrition researchers in academic and research organisations
- Ministry of Health representatives involved in COVID-19 and NCD nutrition response and activities
- Nutrition undergraduates/postgraduate students
- Healthcare professionals

## CONFERENCE DAY 1 (21 JUNE 2022)

Time	Programme
0830	<b>Signing on to Zoom Platform</b>
0900-1000	<b>Opening &amp; Award of NSM prizes</b> Speech and official opening by President, Nutrition Society of Malaysia <ul style="list-style-type: none"> <li>• Presentation of NSM Undergraduate and Postgraduate Prizes</li> <li>• Presentation of NSM Publication Prizes</li> <li>• Fellows of NSM Awards</li> </ul>
1000-1045	<b>Keynote Lecture</b> Chairperson: Dr Tee E Siong  <b>Nutrition interventions to combat NCDs and COVID-19 health threats – experiences in Japan</b> Prof Dr Hisanori Kato, University of Tokyo
1045-1130	<b>Break / E-poster Viewing / Exhibitor Page Viewing</b>
1130-1230	<b>Symposium 1: Maternal, Infant and Child Nutrition</b> Chairperson: Assoc Prof Dr Mahenderan Appukutty, University Technology MARA  <b>Nutritional status and changes in dietary habits during COVID-19 pandemic among children aged 0.5 to 12.9 years: Key findings from SEANUTS II Malaysia</b> Prof Dr Poh Bee Koon, Universiti Kebangsaan Malaysia  <b>Maternal infant nutrition: Risk factors and interventions in Malaysia</b> Prof Dr Hamid Jan Jan Mohamad, Universiti Sains Malaysia  <b>Severe malnutrition surrounded by marine proteins</b> Dr Yasmin Ooi, Universiti Malaysia Sabah
1230-1330	<b>Lunch Break / E-poster Viewing / Exhibitor Page Viewing</b>
1330-1415	<b>Invited Lecture 1</b> <b>Sponsored by Kerry Ingredients</b> Chairperson: Assoc Prof Dr Lee Jau Shya, Universiti Malaysia Sabah  <b>Not all yeast beta glucans are the same – A deeper look into Wellmune’s unique differentiating molecular structure</b> Dr Sonja Nodland, Research Development and Application, Kerry  <b>BC30 – A unique spore-forming probiotics that survives and thrives</b> Ms Genny Tan, Applied Health & Nutrition Business Development, Kerry
1415-1500	<b>Invited Lecture 2</b> <b>Sponsored by Beneo Institute</b> Chairperson: Assoc Prof Dr Truong Tuyet Mai, SEA-PHN Network  <b>Nutrition response to COVID-19 and NCDs: Unlocking nutritional tools for gut microbiota support and low blood glucose profiles</b> Ms Goh Peen Ern, Nutrition Communication Asia Pacific, BENEIO-Institute/BENEIO Asia Pacific Pte Ltd
1500-1640	<b>Young Researchers’ Symposium</b> Chairperson: Assoc Prof Dr Chin Yit Siew, Universiti Putra Malaysia Co-Chair: Dr Wee Bee Suan, Universiti Sultan Zainal Abidin
1500-1520	<b>Inadequate vegetable consumption among urban poor children In Kuala Lumpur, Malaysia: Influence of psychosocial and garden-related factors</b> Ms Mok Kai Ting, UCSI University

1520-1540	<b>Prospective associations between an empirically derived dietary pattern and life satisfaction during adolescence</b> Ms Mugambikai A/P Magendiran, Universiti Putra Malaysia
1540-1600	<b>Predictors of sleep quality among early adolescents in Peninsular Malaysia: Findings from the South East Asian Nutrition Survey II (SEANUTS II) Malaysia</b> Ms Teh Shu Chin, Universiti Kebangsaan Malaysia
1600-1620	<b>Dietary intake, blood antioxidant level and inflammation status amongst Malaysian football players</b> Ms Choo Zi Ying, International Medical University
1620-1640	<b>The prevalence of poor diet quality among older adults with low socioeconomic status in Kelantan</b> Ms Nurul Syahidah Binti Mohd Nazri, Universiti Sains Malaysia
1640-1700	<b>E-poster Viewing / Exhibitor Page Viewing</b>
1700	<b>End of Day 1</b>

## CONFERENCE DAY 2 (22 JUNE 2022)

Time	Programme
0845	<b>Signing on to Zoom Platform</b>
0900-1000	<b>Free Paper Presentations</b> Chairperson: Assoc Prof Dr Gan Wan Ying, Universiti Putra Malaysia Co-chair: Dr Sharifah Intan Zainun Sharif Ishak, Management and Science University
0900-0910	<b>Chrononutrition and dietary patterns among pregnant women in Kuala Lumpur</b> Ms Kok Ee Yin, UCSI University
0910-0920	<b>Antenatal multiple micronutrients use among urban Malaysian pregnant</b> Asst Prof Dr Lee Siew Siew, Nottingham University
0920-0930	<b>Association of sociodemographic livelihood, postnatal care and infant behaviours with maternal emotional experiences during COVID-19 pandemic in Malaysia</b> Ms Nuruljannah Binti Mohamad Nasri, Universiti Putra Malaysia
0930-0940	<b>Teaching and learning experience sharing in empowering nutrition students in conducting virtual community nutrition and health promotion programmes during COVID-19 pandemic</b> Assoc Prof Dr Chin Yit Siew, Universiti Putra Malaysia
0940-0950	<b>Street food in Malaysia: What is the sodium level?</b> Assoc Prof Dr Hasnah Haron, Universiti Kebangsaan Malaysia
0950-1000	<b>The quality of supercritical carbon dioxide extracted dabai pulp oil and its beneficial effects in hypercholesterolemic rat- a new alternative fat</b> Ms Noor Atiqah Aizan Binti Abdul Kadir, Universiti Malaysia Sabah
1000-1045	<b>Invited Lecture 3</b> <b>Sponsored by Herbalife Nutrition</b> Chairperson: Prof Dr Norimah A Karim, International Medical University  <b>Functional role of nutrition in addressing NCD</b> Prof Dr Zhaoping Li, Division of Clinical Nutrition, David Geffen School of Medicine, UCLA

1045-1115	<b>Break / E-poster Viewing / Exhibitor Page Viewing</b>
1115-1215	<p><b>Symposium 2: Nutritional Concerns of Older Persons</b> Chairperson: Dr Hanis Mastura Yahya, Universiti Kebangsaan Malaysia</p> <p><b>Clinical experiences of a geriatrician</b> Dr Alan Ch'ng Swee Hock, Department of Medicine, Seberang Jaya Hospital, Penang</p> <p><b>Ageing with resilience: The WE-RISE multidomain intervention</b> Ms Resshaya Roobini Murukesu, Center for Healthy Ageing and Wellness, Universiti Kebangsaan Malaysia</p>
1215-1315	<b>Lunch Break / E-poster Viewing / Exhibitor Page Viewing</b>
1315-1400	<p><b>Invited Lecture 4</b> <b>Sponsored by Malaysian Palm Oil Board</b> Chairperson: Assoc Prof Dr Norhaizan Bt Mohd Esa, Universiti Putra Malaysia</p> <p><b>Palm Oil Nutrition Research : What's New</b> Dr Kanga Rani Selvaduray, Product Development and Advisory Services Division, Malaysian Palm Oil Board</p>
1400-1500	<p><b>Symposium 3: Learnings from Virtual Nutrition Activities</b> Chairperson: Ms Khairul Zarina bt Mohd Yusop, Ministry of Health Malaysia</p> <p><b>Better Health Programme – A digital, community-based intervention to reduce NCD risks in a B40 community</b> Dr Lim Shiang Cheng, Better Health Programme Malaysia, RTI International Malaysia</p> <p><b>Online promotion of healthy nutrition during the COVID-19 pandemic</b> Ms Gui Shir Ley, State Health Department WP Labuan</p> <p><b>The virtual motivational weight loss online program: 30-days diet challenge to adults during COVID-19 pandemic</b> Ms Surainee Wahab, AAA Vision Academy</p>
1500-1530	<b>E-poster Viewing / Exhibitor Page Viewing</b>
1530-1630	<p><b>Symposium 4: Physical Activity and Sedentary Behaviour</b> Chair: Dr Wong Jyh Eiin, Universiti Kebangsaan Malaysia</p> <p><b>Malaysian Active Kids Report Card 2022 – How do we fare?</b> Assoc Prof Dr Mohd Razif Shahril, Universiti Kebangsaan Malaysia</p> <p><b>Review of methodologies for measurement of physical activity</b> Prof Dr Michael Chia Yong Hwa, National Institute of Education, Nanyang Technological University, Singapore</p> <p><b>Anthropometric and physical activity status of B40's women during COVID-19 pandemic</b> Dr Khairil Shazmin, Universiti Malaysia Terengganu</p>
1630	<b>Poster Finalists Presentation</b>
	<b>Prize Giving and Closing Ceremony</b>
1700	<b>End of Conference</b>



## POST-CONFERENCE ACTIVITY

23 JUNE 2022

Time	Programme
<b>Briefing Session on Registration of Allied Health Profession Practitioners for AHP Act 774: Nutritionists</b>	
1015	Participants login*
1030	Briefing by Dr Tee E Siong, Member, Malaysian Allied Health Profession Council (MAHPC), supported by Allied Health Sciences Division, Ministry of Health Malaysia, Secretariat of MAHPC
1130	<b>Questions and Answer</b>
1200	<b>Session end</b>

\* Session is open to all intending practitioners and conference participants. Separate registration required via: <https://bit.ly/taklimatnutritionist>

## Registration Details

Category		Amount
Malaysians	NSM Members and postgraduate students	RM55
	Non-NSM Members	RM200
	Undergraduate Students	FREE
Non-Malaysians		RM200

- All members (except Life members) must have paid up their annual membership fees, including that for 2022, to be eligible to attend at NSM member rate.
- Postgraduate students must be members of NSM to attend at member rate. Contact NSM Hon Secretary if you are not an NSM member (secretary@nutriweb.org.my)
- Final year undergraduate students of nutrition programmes in local universities will be invited through their respective Heads of Departments to participate in the Conference with no registration fee



**HRD Corp has approved the NSM 37th Scientific Conference to be claimable. HRD Corp has advised that registered employers under *Kumpulan Wang Pembangunan Sumber Manusia (KWPSM)* can apply training grant through the e-TRiS system by selecting 'Non-Registered Training Provider Details – Association' under the *Skim Bantuan Latihan (SBL)* only. The approval of the training grant is subject to the conditions set by PSMB. Please request from the Secretariat the official letter from HRD Corp.**

*For enquiries, contact:*

**Conference Chairman**

**Tee E Siong, PhD**

*President, Nutrition Society of Malaysia*

Email: [president@nutriweb.org.my](mailto:president@nutriweb.org.my)

*OR*

**Conference Secretariat**

**Versacomm Sdn Bhd**

12A, Jalan PJS 8/4, Mentari Plaza,  
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*For more details about*

*NSM Scientific Conferences, visit:*

**[www.nsmconference.org.my](http://www.nsmconference.org.my)**