

Save The Date!



37th



**Scientific
Conference**

Nutrition response to COVID-19 and NCDs

June 2022 | Virtual Platform: ZOOM
Preliminary Announcement

Important Dates

Conference:
21-22 June 2022

Post-conference events (TBC):
23 June 2022

- Meet the President NSM
- Meet Editor, Mal J Nutr

Abstract submission:
Open 21 March 2022
Close 22 May 2022

Registration open:
1 May 2022

CALL FOR ABSTRACTS

You are invited to submit abstracts for presentation in the free paper presentation or poster sessions of the Conference. Abstracts can be in any of the symposia titles or any relevant topic in food and nutrition. Please note that we are utilising ONLINE ABSTRACT SUBMISSION and registration system and abstract submission will be available from 21 March onwards and closed by 22 May 2022. Abstracts (200-300 words in MS Word format) must follow exactly the prescribed format. Details of the Conference, submission and acceptance status will be updated from time to time through the NSM Conference's official website. All poster presenters are also encouraged to prepare a 3-min video for uploading with the poster.

About The CONFERENCE

The COVID-19 pandemic over the past 2 years has changed the lives of people around the world, including Malaysia, causing unprecedented challenge to livelihood, public health, food systems and the work environment. Amidst these difficulties, it is even more important to maintain a healthy lifestyle, including healthy nutrition, as the pandemic has revealed the importance of strong immune system to fight against the virus.

However, the pandemic has imposed a new set of challenges for the population to maintain optimal nutrition, particularly the most vulnerable groups, including young children, pregnant and lactating women, older persons and disadvantaged families. The threat of food insecurity among the vulnerable groups would inevitably make them more susceptible to undernutrition. Besides, dietary patterns could have also worsened, driven by stress, fear and anxiety experienced during the pandemic. At the same time, the country is still struggling with the

high prevalence of non-communicable diseases (NCDs), in which unhealthy diets and sedentary lifestyle are major drivers, affecting wide segments of the population. It is known that people living with NCDs are more at risk of severe consequences from COVID-19.

Scaling up efforts to prevent all forms of malnutrition, as well as making available data in a timely manner to help identify emerging nutritional issues and subsequent intervention especially in addressing the nutritional needs of the populations amid COVID-19 is vital. There is an urgency to share evidence, emerging data and practical insights from nutrition experiences, adaptations, programmes & research. These can be utilised to support stakeholders in implementing effective policies and programmes to support better

nutrition outcomes during the COVID-19 pandemic and the continued fight against NCDs.

The theme of the 37th NSM Annual Scientific Conference underscores the importance of nutrition as an integral part of the nation's fight against health threats, particularly COVID-19 response and recovery strategies. This conference aims to serve as a platform for all stakeholders to productively exchange and discuss the nutrition-COVID-19 interplay i.e. the effects of the pandemic on nutritional consequences, and nutritional perspectives for the mitigation of COVID-19.



WHO SHOULD ATTEND

- Nutritionists in public and private sectors
- Dietitians in public and private sectors
- Nutrition researchers in academic and research organisations
- Ministry of Health representatives involved in COVID-19 and NCD nutrition response and activities
- Nutrition undergraduates/postgraduate students
- Healthcare professionals

TENTATIVE CONFERENCE PROGRAMME at a glance

TIME	DAY 1	DAY 2
AM	Opening & Award of NSM prizes	Free Paper Presentation 2
	Keynote Lecture	Break (Virtual Poster Viewing & Trade Exhibition)
	Break (Virtual Poster Viewing & Trade Exhibition)	Symposium 2
	Symposium 1	Invited Lecture 3
	Lunch Break Poster Viewing & Virtual Exhibition	
PM	Invited Lecture 1	Invited Lecture 4
	Invited Lecture 2	Symposium 3
	Young Researchers' Symposium	Break (Virtual Poster Viewing & Trade Exhibition)
	Break (Virtual Poster Viewing & Trade Exhibition)	Symposium 4
	Free Paper Presentation 1	Prize Giving Ceremony & Closing
	Virtual Poster Viewing & Trade Exhibition	
	End of Day 1	End of Conference

Post-conference activities:

- Meet-the-President session (2 hours, 23 June 2022 afternoon)
- Meet Editor, Mal J Nutr (TBC)

Tentative symposia topics:

1. Maternal, infant and child nutrition
2. Nutritional concerns of older persons
3. Learnings from virtual nutrition activities
4. Physical activity and sedentary behaviour
5. Functional ingredients

Registration Details

Category		Amount
Malaysians	NSM Members and postgraduate students	RM55
	Non-NSM Members	RM200
	Undergraduate Students	FREE
Non-Malaysians		RM200

Notes

- All members (except Life members) must have paid up their annual membership fees, including that for 2022, to be eligible to attend at NSM member rate.
- Postgraduate students must be members of NSM to attend at member rate
- Final year undergraduate students of nutrition programmes in local universities will be invited through their respective Heads of Departments to participate in the Conference with no registration fee

For enquiries, contact:

Conference Chairman

Tee E Siong, PhD

President of Nutrition Society of Malaysia

Email: president@nutriweb.org.my

OR

Conference Secretariat

Versacomm Sdn Bhd

12A, Jalan PJS 8/4, Mentari Plaza,
Bandar Sunway, 46150 Petaling Jaya.

Tel: 03 5637 3526 / 03 5632 3301;

Email: secretariat.nsm.conference@gmail.com

HRDF: NSM intends to apply to HRD Corp to obtain permission to enable eligible participants to apply for claims. Further details will be announced.