





Conference: 30 - 31 July 2024

Venue:
AVANTÉ Hotel,
Bandar Utama,
Selangor

# Strategic Alliance to Combat Malnutrition:

Whole of Government, Whole of Society Approach

30 - 31 July 2024 | AVANTÉ Hotel, Bandar Utama, Petaling Jaya, Selangor

## **About the Conference**

Malaysia's health situation is at a critical juncture, having to deal with the threat of its population bearing the double burden of nutrition. Undernutrition persists among selected groups across Malaysia, which is accompanied by a rising incidence of non-communicable diseases (NCDs) alongside their risk factors. Despite the many efforts through various nutrition action plans implemented throughout the years, previously set nutrition goals remain unachieved. In fact, the findings from several national health reports have cited that malnutrition levels have reached alarming levels.

To combat nutrition-related disorders in the country, it is imperative to take a holistic and collaborative strategy. The solution lies in adopting a whole-of-government approach, wherein different government ministries and agencies work closely together to address the multifaceted challenges posed by these disorders. It is also important to foster collaboration with other stakeholders, namely academic institutions, professional bodies, private sectors and non-governmental organisations. Implementing the identified strategies by forming strategic alliances, pooling together resources,

and ensuring a unified effort, becomes the key to forging a path towards promoting nutrition and achieving a lasting and meaningful impact on public health.

In light of this, the 39th NSM Scientific Conference has aptly chosen the theme, "Strategic Alliance to Combat Malnutrition: Whole of Government, Whole of Society Approach". This year's theme highlights the urgency of the matter and emphasises the crucial need for such strategic alliance to be seriously implemented, and not remain as mere rhetoric. Serving as a pivotal platform for collaboration, the NSM conference facilitates the exchange of knowledge and experience, providing a space for in-depth discussion on prevailing nutrition-related issues in Malaysia. The conference aims to share emerging findings, data, and insights derived from recent nutritional programmes and research. The conference strives to bring together key stakeholders, creating a synergy that is crucial for devising comprehensive holistic strategies to address and overcome the challenges of malnutrition in Malaysia.

# **Conference Programme At A Glance**

Time	CONFERENCE DAY 1	CONFERENCE DAY 2
0800	REGISTRATION	Poster Viewing/ Trade Exhibition
0900	Opening Ceremony & NSM Awards	Nutrition Update 1 (free paper presentation)
1000	Coffee Break & Scientific Poster Viewing	Coffee Break & Scientific Poster Viewing
1030	Keynote Lecture 1	Keynote Lecture 2
	Symposium 1: Nutrition for Maternal, Infant & Young Children	<b>Symposium 3:</b> Nutrition of Older Persons
	Invited Lecture 1	Invited Lecture 3
1300	Lunch Symposium 1	Lunch Symposium 2
1400	Symposium 2: Food Environment & Nutrition	Invited Lecture 4
	Invited Lecture 2	Symposium 4: Community Lifestyle Intervention Programmes
	Young Researchers' Symposium	Nutrition Update 2 (free paper presentation)
1800	End of day 1	Prize Presentation & Closing Ceremony

### **Tentative Plenary Lecturers/Symposium/ Topics:**

- Maternal nutrition
- Infant & young child nutrition
- School child nutrition & adolescent nutrition
- Nutrition of the elderly
- Functional ingredients
- Nutrition education & communication strategies
- Physical activity & sedentary behaviour

#### For enquiries, contact:

#### **Conference Chairman**

Tee E Siong, PhD

President, Nutrition Society of Malaysia Email: president@nutriweb.org.my

## Conference Secretariat

**Versacomm Sdn Bhd** 

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