

## 37<sup>th</sup> Scientific Conference Nutrition Society of Malaysia *Nutrition Response to COVID-19 and NCDs*

21-22 June 2022 | Zoom Virtual Platform

### EVENT PICTORIAL REPORT -

Prepared by: Secretariat, Versacomm Sdn Bhd Vetted by: Dr Tee E Siong President, NSM

*Updated:* 12 July 2022

### **Contents**

- Part A: Opening Ceremony
  - Welcome address by President of NSM
  - Presentation of NSM prizes
- Part B: Scientific Programme
  - Day 1: 21 June 2022
  - Day 2: 22 June 2022
  - Prize presentation ceremony
- Part C: Conference Website

### A. OPENING CEREMONY

DAY 1: 21 JUNE 2022

### Welcome address





by **Dr Tee E Siong President, Nutrition Society of Malaysia (NSM)** 

#### PRIZE PRESENTATION CEREMONY

**NSM Postgraduate Prizes 2022** 

**NSM Undergraduate Prizes 2022** 

**NSM Publication Prizes 2022** 

**NSM Fellows Award 2022** 

#### **PhD Thesis Prize**





Dr Nurliyana Binti Abdul Razak UCSI University





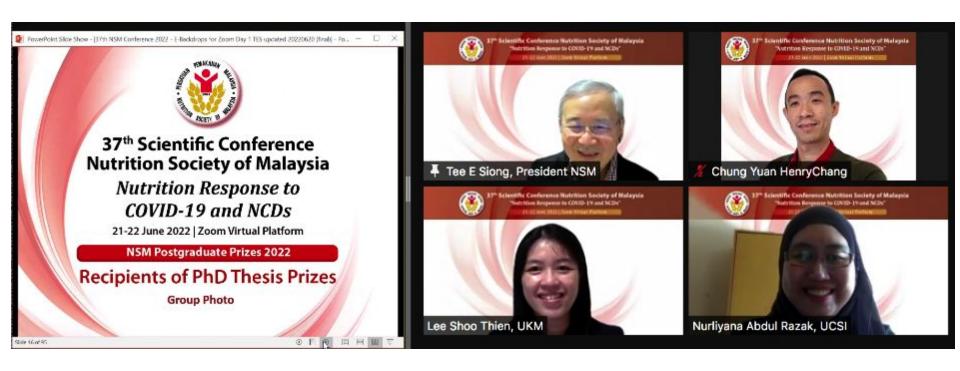
Dr Lee Shoo Thien Universiti Kebangsaan Malaysia

#### **PhD Thesis Prize**



Dr Chang Chung Yuan Henry International Medical University

#### **PhD Thesis Prize**



**Group Photo** 

**MSc Thesis Prize** 



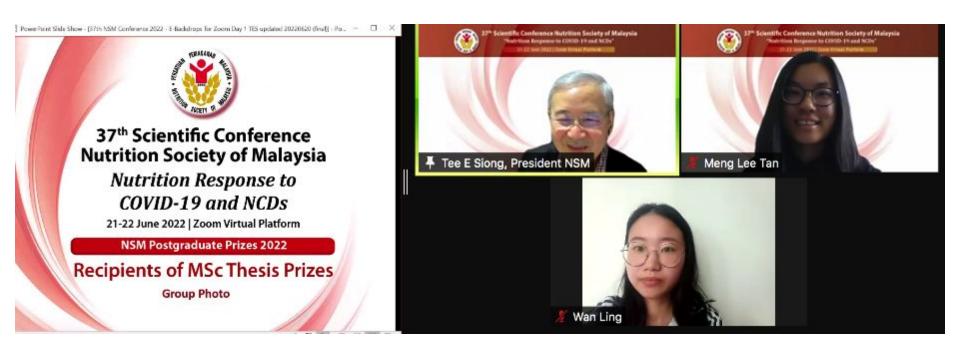
Tan Meng Lee Universiti Putra Malaysia

Chew Wan Ling UCSI University



Ajlaa Binti A Rasid Universiti Kebangsaan Malaysia

#### **MSc** Thesis Prize



**Group Photo** 

## NSM Undergraduate Prizes 2022

#### **Undergraduate Thesis Prize**





Nur Arina Binti Bakeri Universiti Putra Malaysia



Anis Balqis Binti Asiati Raili Universiti Kebangsaan Malaysia



Loe Pei Yu Universiti Sains Malaysia

Eng Zen Yang Eddie UCSI University

## NSM Undergraduate Prizes 2022

### **Undergraduate Thesis Prize**





Ng Ying Yun International Medical University

Kwan Yong Qi University of Nottingham Malaysia



Nurul Balquis Binti Azlan
Management and Science University

## NSM Undergraduate Prizes 2022

### **Undergraduate Thesis Prize**



**Group Photo** 

### **NSM Publication Prizes 2022**

#### **Maternal Nutrition**



Dr Lee Siew Siew University of Nottingham Malaysia

### **NSM Publication Prizes 2022**

#### Mobility & Musculoskeletal Health & Nutrition



Chan Kai Sze Universiti Kebangsaan Malaysia

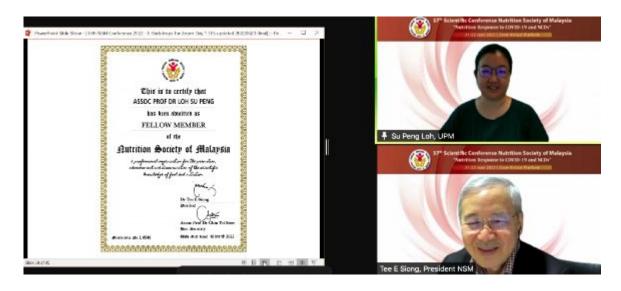
### **NSM Publication Prizes 2022**



#### **Group Photo**

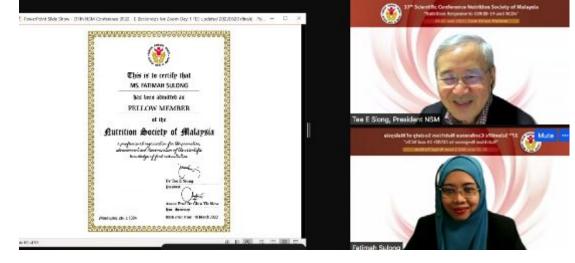
(with Ms Megawati Suzari, representative from Fonterra Brands (M) Bhd
– the sponsor of NSM publication prizes)

### **NSM Fellows Award 2022**



Assoc Prof Dr Loh Su Peng Universiti Putra Malaysia

Ms Fatimah Sulong Ministry of Health Malaysia



### **NSM Fellows Award 2022**



Dr Wong Jyh Eiin Universiti Kebangsaan Malaysia

Assoc Prof Dr Snighdha Misra International Medical University





Ms Chin Le Jong Mead Johnson Nutrition

### NSM Fellows 2022





**Group Photo** 

### B. SCIENTIFIC PROGRAMME

**DAY 1: 21 JUNE 2022** 

### Summary of Scientific Programme

- 1 Keynote Lecture
- 4 Invited Lectures
- 4 Symposiums
- 5 presenters in Young Researchers' Symposium
- 6 Free Paper Presentations
- 122 posters (7 videos uploaded)

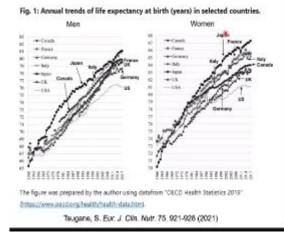
### **Keynote Lecture**

Nutrition interventions to combat NCDs and COVID-19 health threats – Experiences in Japan



Chairperson:
Dr Tee E Siong
President, Nutrition Society of Malaysia

Speaker:
Prof Dr Hisanori Kato
Univeristy of Tokyo, Japan





## Symposium 1

#### MATERNAL, INFANT AND CHILD NUTRITION

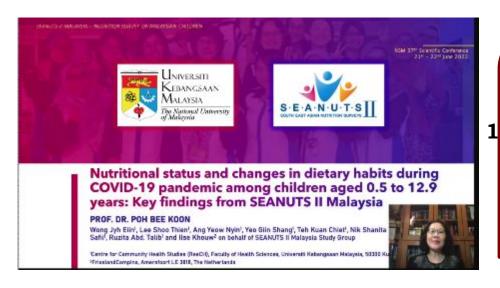


#### Chairperson:

Assoc Prof Dr Mahenderan Appukutty Vice President, Nutrition Society of Malaysia

## Symposium 1

#### MATERNAL, INFANT AND CHILD NUTRITION



Nutritional status and changes in dietary habits during COVID-19 pandemic among children aged 0.5 to 12.9 years: Key findings from SEANUTS II Malaysia

b

Prof Dr Poh Bee Koon Universiti Kebangsaan Malaysia

# Maternal infant nutrition: Risk factors and interventions in Malaysia

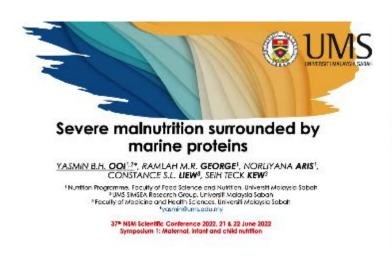
by

Prof Dr Hamid Jan Jan Mohamad Universiti Sains Malaysia



## Symposium 1

#### MATERNAL, INFANT AND CHILD NUTRITION





### Severe malnutrition surrounded by marine proteins

by

Dr Yasmin Ooi Beng Houi Universiti Malaysia Sabah

### **Invited Lecture 1**



Chairperson: Assoc Prof Dr Lee Jau Shya Universiti Malaysia Sabah

### **Invited Lecture 1**

"Not All Yeast Beta Glucans
Are The Same"
Speaker:
Dr Sonja Nodland
Kerry

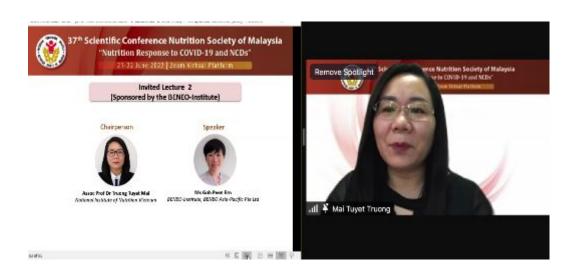






"BC30- A Unique
Spore-Forming Probiotic
That Survives And Thrives"
Speaker:
DMs Genny Tan
Kerry

### **Invited Lecture 2**



Chairperson:
Assoc Prof Dr Truong Tuyet Mai
National Institute of Nutrition
Vietnam

"Unlocking Nutritional Tools For Gut Microbiodata Support and Low Blood Glucose Profile" Speaker:

> Ms Goh Peen Ern BENEO-Institute, BENEO Asia-Pacific Pte Ltd





#### Chairperson:

Assoc Prof Dr Chin Yit Siew, Universiti Putra Malaysia & Dr Wee Bee Suan, Universiti Sultan Zainal Abidin



Inadequate vegetable consumption among urban poor children in Kuala Lumpur, Malaysia: Influence of psychosocial and garden-related factors

by
Mok Kai Ting
UCSI University

Prospective associations between an empirically derived dietary pattern and life satisfaction during adolescence

bv

Ms Mugambikai Magendiran Universiti Putra Malaysia





Predictors of sleep quality among early adolescents in Peninsular Malaysia: Findings from the South East Asian Nutrition Surveys II (SEANUTS II) Malaysia

by Ms Teh Shu Chin Universiti Kebangsaan Malaysia

Dietary intake, blood antioxidant level and inflammation status amongst Malaysian football players

by

Ms Choo Zi Ying

International Medical University







The prevalence of poor diet quality among older adults with low socioeconomic status in Kelantan

by

Ms Nurul Syahidah Mohd Nazri Universiti Sains Malaysia

### B. SCIENTIFIC PROGRAMME

**DAY 2: 22 JUNE 2022** 

## Free Paper Presentation





#### **Chairpersons:**

Assoc Prof Dr Gan Wan Ying, Universiti Putra Malaysia & Dr Sharifah Intan Zainun Sharif Razak, Management and Science University

## Free Paper Presentation 1



Chrononutrition and dietary patterns among pregnant women in Kuala Lumpur

Ms Kok Ee Yin
UCSI University

Antenatal multiple micronutrients supplement (MMS) use among urban Malaysian pregnant women

by

Dr Lee Siew Siew University of Nottingham Malaysia





## Free Paper Presentation 1

Association of sociodemographic livelihood, postnatal care and infant behaviours with maternal emotional experiences during COVID-19 pandemic in Malaysia

by

Ms Nuruljannah Mohamad Nasri Universiti Putra Malaysia





Teaching and learning experience sharing in empowering nutrition students in conducting virtual community nutrition and health promotion programmes during COVID-19 pandemic

by

Assoc Prof Dr Chin Yit Siew Universiti Putra Malaysia

# Free Paper Presentation 1

Street food in Malaysia: What is the sodium level?

by

Assoc Prof Dr Hasnah Haron Universiti Kebangsaan Malaysia











The quality of supercritical carbon dioxide extracted dabai pulp oil and its beneficial effects in hypercholesterolemic rat- A new alternative fat

by

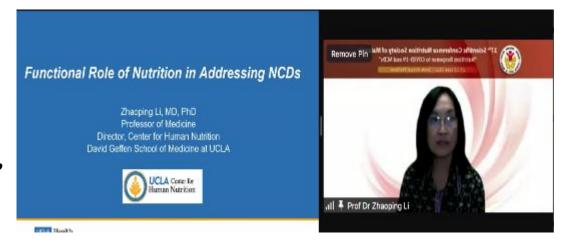
Dr Noor Atiqah Aizan Abdul Kadir Universiti Malaysia Sabah

## **Invited Lecture 3**



Chairperson:
Prof Dr Norimah A Karim,
International Medical University

"Functional Role of Nutrition in Addressing NCDs"
Speaker:
Prof Dr Zhaoping Li,
David Geffen School of Medicine,
UCLA



#### **NUTRITIONAL CONCERNS OF OLDER PERSONS**



Chairperson: Dr Hanis Mastura Yahya,

Universiti Kebangsaan Malaysia

#### MATERNAL, INFANT AND YOUNG CHILD NUTRITION



#### Clinical experiences of a geriatrician

by

Dr Alan Ch'ng Swee Hock Department of Medicine, Seberang Jaya Hospital, Penang

Ageing with resilience: The WE-RISE multidomain intervention

by

Ms Resshaya Roobini Murukesu Center for Healthy Ageing and Wellness, Universiti Kebangsaan Malaysia



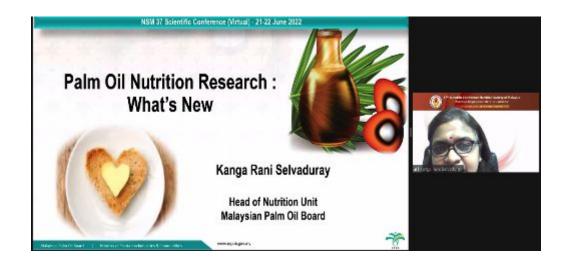
## **Invited Lecture 4**



Chairperson:
Assoc Prof Dr Norhaizan Mohd Esa,
Universiti Putra Malaysia

"Palm oil nutrition research:
What's new"
Speaker:

Dr Kanga Rani Selvaduray, Malaysia Palm Oil Board



#### LEARNING FROM VIRTUAL NUTRITION ACTIVITIES



Chairperson:
Ms Khairul Zarina Binti Mohd Yusop,
Ministry of Health Malaysia

#### LEARNING FROM VIRTUAL NUTRITION ACTIVITIES



Better Health Programme – A digital, community-based intervention to reduce NCD risks in a B40 community

by

Dr Lim Shiang Cheng Better Health Programme Malaysia, RTI International Malaysia

Online promotion of healthy nutrition during the COVID-19 pandemic

by

Ms Gui Shir Ley State Health Department Wilayah Persekutuan Labuan



#### LEARNING FROM VIRTUAL NUTRITION ACTIVITIES



The Virtual Motivational Weight Loss Online Program: 30-Days Diet Challenge to Adults during COVID-19 Pandemic

Suspines W<sup>2</sup> Radio Nor Subpite RMN<sup>2</sup> Rusto AT<sup>2</sup>

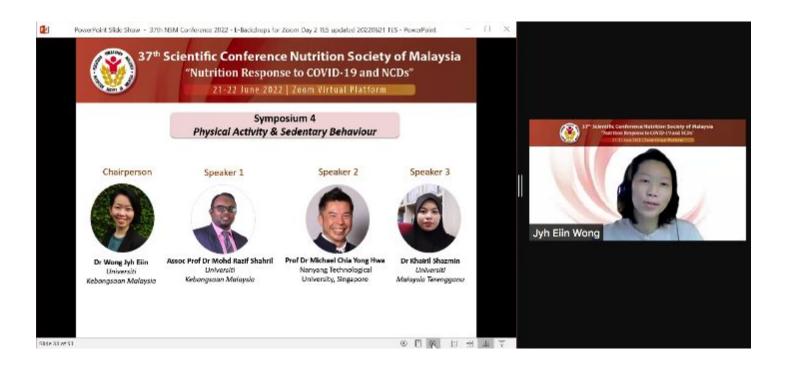
14AA Visko Academy, Nisag 41290, Malaysia ACestre for Community Health Studies (ReaCk), Faculty of Health Sciences, Universiti Kebangssen Malaysia, Acada Lumpor 50000, Malaysia



The virtual motivational weight loss online programme: 30-days diet challenge to adults during COVID-19 pandemic

by
Ms Surainee Wahab
AAA Vision Academy

#### PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOUR



Chairperson:
Dr Wong Jyh Eiin,
Universiti Kebangsaan Malaysia

#### PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOUR



Malaysian Active Kids Report Card 2022 –

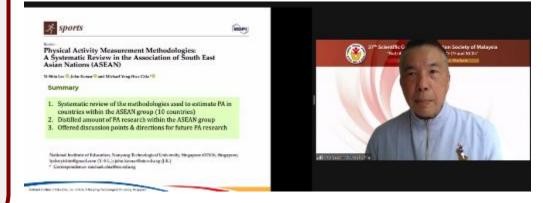
How do our children and adolescents fare?

by

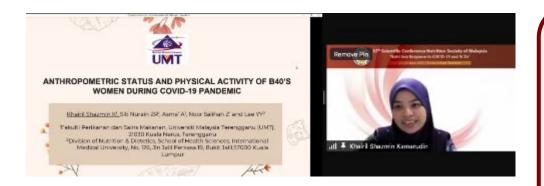
Assoc Prof Dr Mohd Razif Shahril Universiti Kebangsaan Malaysia

Physical activity measurement methodologies:
A systematic review in the Association of South East Asian Nations (ASEAN)

Prof Dr Michael Chia Yong Hwa
National Institute of Education, Nanyang
Technological University, Singapore



#### PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOUR



Anthropometric and physical activity status of B40's women during COVID-19 pandemic

by

Dr Khairil Shazmin Universiti Malaysia Terengganu

# POSTER FINALISTS PRESENTATIONS



Chairperson: Dr Yasmin Ooi Beng Houi, Universiti Malaysia Sabah

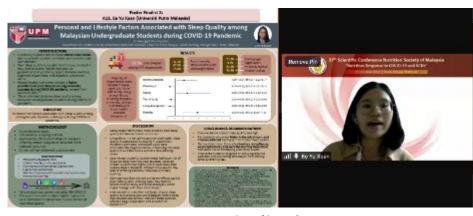
## POSTER FINALISTS PRESENTATIONS



Poster Finalist 1: A04. Ang Zheng Feng, Universiti Putra Malaysia



Poster Finalist 3: E02. Hew Jing Xuan, Universiti Putra Malaysia

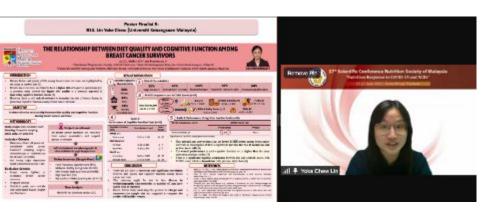


Poster Finalist 2: A11. Ee Yu Xuan, Universiti Putra Malaysia



Poster Finalist 4: B12. Lee Chiu Ying, International Medical University

## POSTER FINALISTS PRESENTATIONS



Poster Finalist 5: B14. Lin Yoke Chew, Universiti Kebangsaan Malaysia



Poster Finalist 7: A43. Putri Junita Santalia, UCSI University



Poster Finalist 6: A41. Pua Min Jie, Universiti Putra Malaysia



Poster Finalist 8: A46. Sum Jia Xin, University Kebangsaan Malaysia

## POSTER FINALISTS PRESENTATIONS



Poster Finalist 9: B40 Vera Lynn Lam Yen, UCSI University

Poster Finalist 10: A55. Woo Pik Xuan, Universiti Kebangsaan Malaysia



# PRIZE PRESENTATION CEREMONY

NSM Young Researchers' Symposium Prizes 2022 NSM Poster Competition Prizes 2022



Panel of Judges









1<sup>st</sup> Prize: Ms Mugambikai Magendiran Universiti Putra Malaysia

2<sup>nd</sup> Prize: Ms Teh Shu Chin Universiti Kebangsaan Malaysia





3<sup>rd</sup> Prize: Ms Mok Kai Ting UCSI University





Consolation Prize:
Ms Nurul Syahidah binti Mohd Nazri
Universiti Sains Malaysia

Consolation Prize:
Ms Choo Zi Ying
International Medical University







**Group Photo** 



Panel of Judges



1<sup>st</sup> Prize: Woo Pik Xuan Universiti Kebangsaan Malaysia







3<sup>rd</sup> Prize: Sum Jia Xin Universiti Kebangsaan Malaysia



Consolation Prize:
Ang Zheng Feng
Universiti Putra Malaysia

Persatuan Pemakanan Malaysia

(Nutritian Society of Malaysia)

Poster Competition Award 2022

(for Undergraduates)

Consolation Prize

Es Yu Xuan

179 MSM Amenal Scientific Confession

25-02 june 2002

ook had Dr Orle Yt Slevi



Consolation Prize: Ee Yu Xuan Universiti Putra Malaysia



Consolation Prize:
Putri Junita Santalia
UCSI University



Consolation Prize: Vera Lynn Lam Yen UCSI University





Consolation Prize:
Hew Jing Xuan
Universiti Putra Malaysia

Consolation Prize:
Lin Yoke Chew
Universiti Kebangsaan Malaysia



Consolation Prize:
Lee Chiu Ying
International Medical University



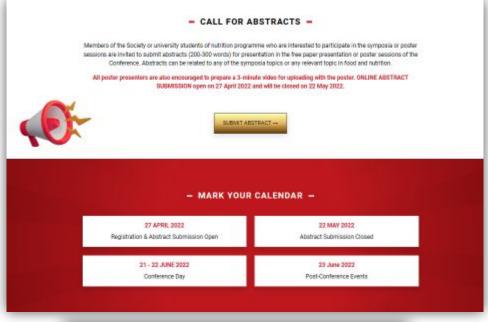
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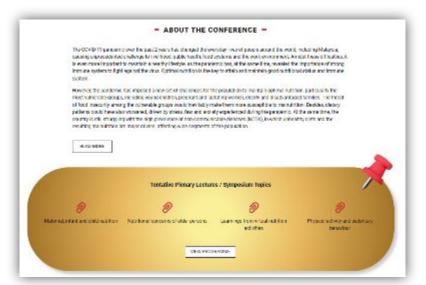
## C. CONFERENCE WEBSITE

Homepage

## Homepage





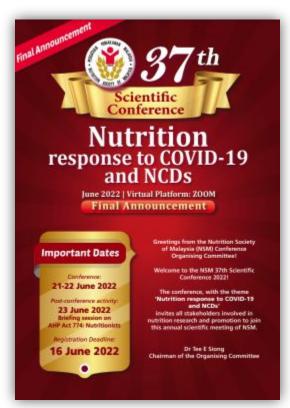




Homepage 64

## Homepage

#### **Final Announcement**



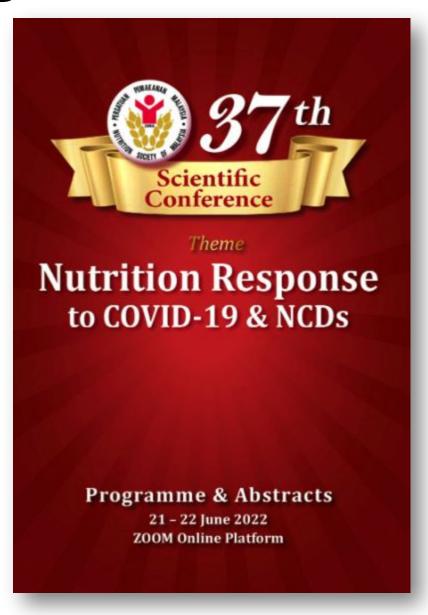
2<sup>nd</sup> Announcement



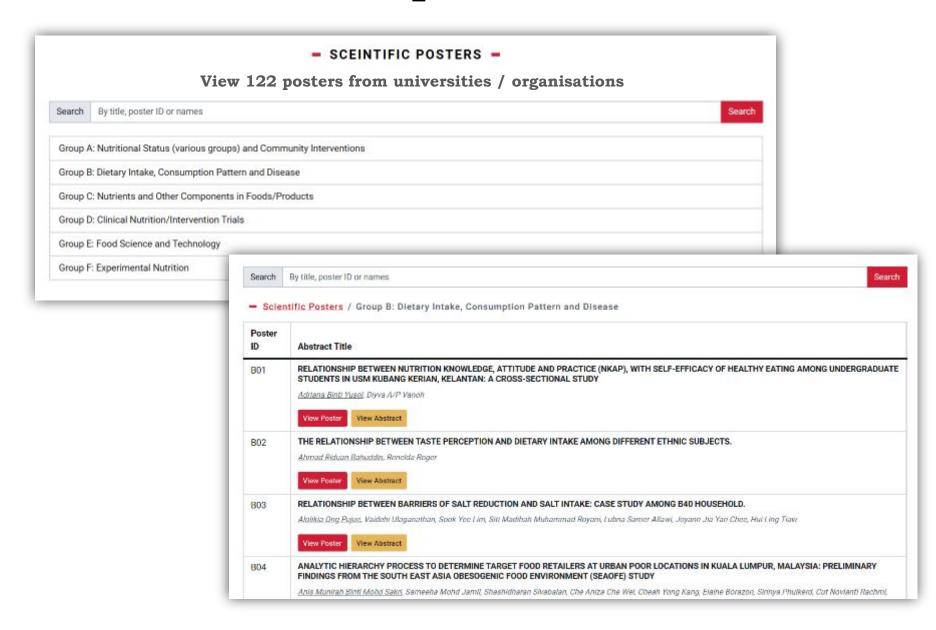
#### 1<sup>st</sup> Announcement



## Programme & abstract book

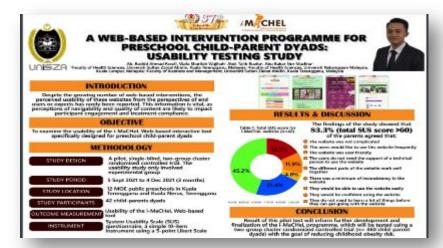


## Scientific poster section

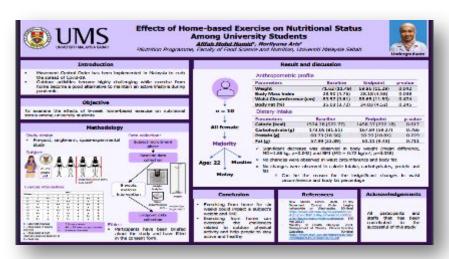




Sample poster 1



Sample poster 3



Sample poster 2



Sample poster 4 (with video)

## Virtual Exhibition

#### **Major Sponsors' Booth**







## Virtual Exhibition

#### Co-Sponsors' Booth













# Virtual Exhibition Major sponsor booth: BENEO Institute





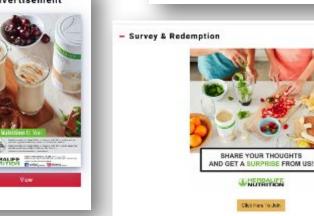


# Virtual Exhibition Major sponsor booth: Herbalife Nutrition



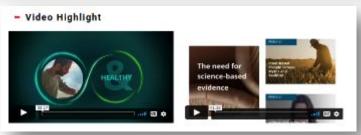






# Virtual Exhibition Major sponsor booth: Kerry













### Virtual Exhibition Co-sponsor booth: Fonterra











## Virtual Exhibition Co-sponsor booth: FrieslandCampina Institute



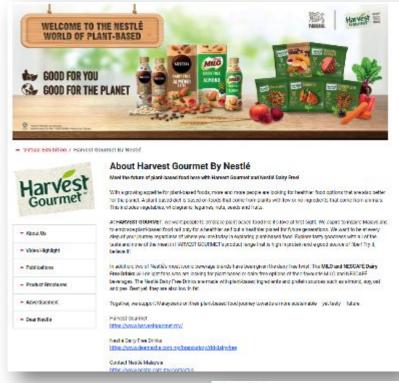


- Video Highlight

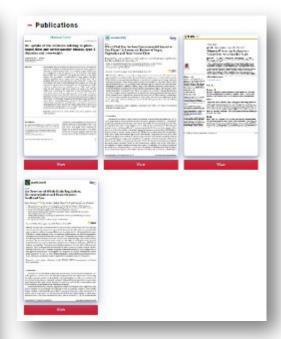




## Virtual Exhibition Co-sponsor booth: Harvest Gourmet by Nestlé













### Virtual Exhibition Co-sponsor booth: Malaysian Palm Oil Berhad (MPOB)







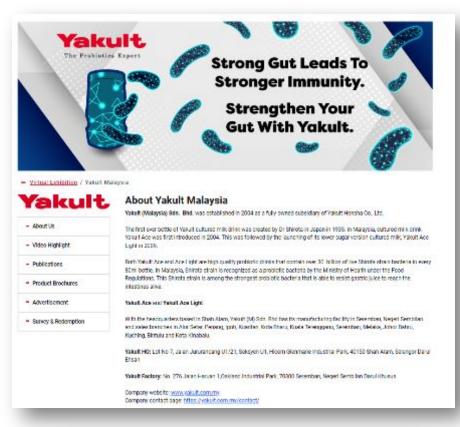
### Virtual Exhibition Co-sponsor booth: Mead Johnson Nutrition

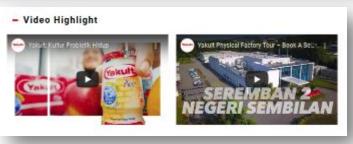






### Virtual Exhibition Co-sponsor booth: Yakult Malaysia













# Acknowledgement

The Nutrition Society of Malaysia gratefully acknowledges contributions from the following to the 37<sup>th</sup> Scientific Conference:

#### **Major Sponsors**

- BENEO-Institute
- Herbalife Nutrition
- Kerry

#### **Co-Sponsors**

- Friesland Campina
- Fonterra
- Mead Johnson Nutrition
- Malaysian Palm Oil Board (MPOB)
- Nestle Products Sdn Bhd
- Yakult Malaysia

#### **Advertiser**

 Cotra Enterprises Sdn Bhd (Vitagen)

#### **Sponsor for NSM Publication Prizes**

Fonterra Brands

#### Sponsor for Prizes for Young Researcher's Symposium & Poster Competition

• International Life Sciences Institute Southeast Asia Region

## END & THANK YOU

#### For more information, please contact:

**Dr Tee E Siong** (<u>president@nutriweb.org.my</u>)

President of the Nutrition Society of Malaysia (NSM)

Or

#### **NSM Conference Secretariat:**



#### VersaComm Sdn Bhd

- Ms Muhaini Hussin (<u>muhaini@versa-group.com</u>)
- Ms Presanna (presanna@versa-group.com)