

Scientific Programme

40th Nutrition Society Malaysia Scientific Conference

*Advancing Nutrition for a Healthier Malaysia: Bridging
Science, Policy, and Practice*

CONFERENCE DAY 1: 29 July 2025 (Tuesday)	
0800-0900	Registration
0900-0945	Welcome Remark, Opening and Award of NSM Prizes
0945-1015	40th NSM Anniversary Lecture <i>Four Decades of Advancing Nutrition - Way Ahead for NSM</i> Dr Tee E Siong <i>Nutrition Society of Malaysia</i>
1015-1045	Coffee Break/Poster & Exhibition Viewing
1045-1130	KEYNOTE LECTURE 1 <i>Contribution of Asia to Global Health and Nutrition</i> Prof Dr Christiani Jeyakumar Henry <i>Former Director, CNRC, A*STAR SIFBI, Singapore</i>

1130-1230	<p>SYMPOSIUM 1: Clinical Research in Nutrition</p> <p><i>Nutrigenetics and Nutrigenomics in Relation to NCDs</i> Prof Dr Vimal Karani <i>University of Reading, United Kingdom</i></p> <p><i>Exploring Nutrition's Role in Aging and Cancer Survivorship: Unravelling Telomere Clues</i> Assoc Prof Dr Mohd Razif bin Shahril <i>Universiti Kebangsaan Malaysia</i></p> <p><i>Determinants of Physical, Social, and Cognitive Frailty: The Role of Diet, Depression, and Physical Fitness</i> Dr Divya Vanoh <i>Universiti Sains Malaysia</i></p>
1230-1305	<p>INVITED LECTURE 1</p> <p><i>Targeting 'Skinny Fat' and Metabolic Health: Scientific Insights on Chicory Root Fibres and Palatinose™</i></p> <p>Ms Goh Peen Ern <i>BENEO Asia Pacific, BENEO-Institute</i></p>
1305-1340	<p>LUNCH SYMPOSIUM</p> <p><i>Efficacy of an Oral Nutrition Supplement on the Nutritional Status of Stunted and At-risk of Stunting Children: A Community-based Intervention Study</i></p> <p>Prof Dr Hamid Jan Jan Mohamed & Ms Sidra Al-Talib <i>Universiti Sains Malaysia</i></p>
1340-1400	Poster and Exhibition Viewing

1400-1500	<p>SYMPOSIUM 2: Nutrition from Womb to Tomb</p> <p><i>Transforming Food Assistance to Enhance Food Security and Nutrition for Asnaf Families in Terengganu</i> Assoc Prof Dr Sharifah Wajihah Wafa Bt Syed Saadun Tarek Wafa Universiti Sultan Zainal Abidin</p> <p><i>An Early Life-Course Model-of-Care to Transforming Maternal and Child Healthcare</i> Dr Loy See Ling Duke-NUS Medical School, Singapore</p> <p><i>Maternal Nutrition and Multiple Micronutrient Supplementation: Breaking the Intergenerational Cycle of Anaemia for a Healthier Future</i> Assoc Prof Dr Snigdha Misra Monash University Malaysia</p>
1500-1535	<p>INVITED LECTURE 2</p> <p><i>Extending Healthspan: the Science Behind Dietary Interventions for Successful Ageing</i> Ms Steph Baker dsm-firmenich</p>
1535-1635	NUTRITION UPDATE 1
1635-1750	YOUNG RESEARCHERS' SYMPOSIUM
1800	End of Day 1 Conference
CONFERENCE DAY 2: 30 July 2025 (Wednesday)	
0800-0900	Poster and Exhibition Viewing
0900-1000	NUTRITION UPDATE 2
1000-1030	Coffee Break/Poster & Exhibition Viewing
1030-1115	<p>KEYNOTE LECTURE 2</p> <p><i>Addressing Micronutrient Deficiencies: Lessons from Southeast Asia</i> Mr Geoffry Smith International Life Sciences Institute (ILSI) Southeast Asia Region</p>

1115-1215	<p>SYMPOSIUM 3: Public Health Nutrition</p> <p><i>Enhancing Health and Well-being in Dayak Communities: Exploring the Possibilities of Integrating Tradition with Modern Nutrition Science</i> Prof Cheah Whye Lian Universiti Malaysia Sarawak</p> <p><i>Strengthening UK-SEA Research Partnership – Nutrition Policies and Action Plans in Malaysia for the Prevention of Double Burden of Malnutrition in School-age Children: Highlights of Findings</i> Dr Tan Sue Yee Nutrition Society of Malaysia & International Life Sciences Institute (ILSI) Southeast Asia Region, on behalf of the UoL-NSM-ILSI-UPM Research Team</p> <p><i>Update on NHMS 2024: Nutrition</i> Dr Ahmad Ali bin Zainuddin Ministry of Health Malaysia</p>
1215-1250	<p>INVITED LECTURE 3</p> <p><i>Lactocaseibacillus paracasei strain Shirota Impact on Human Immunity and Health</i></p> <p>Dr Tomoaki Naito Yakult Central Institute, Tokyo, Japan</p>
1250 - 1325	LUNCH SYMPOSIUM
1325-1400	Lunch/ Poster & Exhibition Viewing
1400-1435	<p>INVITED LECTURE 4</p> <p><i>Sustaining Weight Management Through the Power of Protein</i></p> <p>Prof Dr Rimbawan IPB University, Indonesia</p>
1435-1535	<p>Forum: Nutrition, Technology and Digital Health</p> <p>Panelists:</p> <ul style="list-style-type: none"> • Dr Maheshwara Rao A/L Appannan Ministry of Health Malaysia • Assoc Prof Dr Wong Jyh Eiin Universiti Kebangsaan Malaysia • Dr Khor Swee Kheng Angsana Health
1535-1635	NUTRITION UPDATE 3

1635-1650	Rapid Fire Poster Presentation
1650-1730	Prize Giving and Closing Ceremony
1730	End of Conference