



35th Scientific Conference **Nutrition Society of Malaysia** *Together Towards Optimal Nutrition*

24-25 November 2020 | GoToWebinar Online Platform

- EVENT PICTORIAL REPORT -

Prepared by: Secretariat, Versacomm Sdn Bhd

Vetted by: Dr Tee E Siong President, NSM

Updated: 15 January 2021

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 - Welcome address by President of NSM
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- Part D: Appendices

A. OPENING CEREMONY

DAY 1: 24 NOVEMBER 2020

Welcome address



by
Dr Tee E Siong
President, Nutrition Society of Malaysia (NSM)

PRIZE PRESENTATION CEREMONY

NSM Postgraduate Prizes 2020

NSM Undergraduate Prizes 2020

NSM Publication Prizes 2020

NSM Postgraduate Prizes 2020

PhD Thesis Prize



***Dr Sharifah Intan Zainun binti Sharif Ishak
Universiti Putra Malaysia***

NSM Postgraduate Prizes 2020

Msc Thesis Prize



Ainaa Fatehah binti Ayob
Universiti Kebangsaan Malaysia



Chang Wei Lin
Universiti Putra Malaysia

NSM Postgraduate Prizes 2020

Msc Thesis Prize



Nurnazahiah binti Ali
Universiti Sultan Zainal Abidin

NSM Postgraduate Prizes 2020

PhD & Msc Thesis Prize



Group Photo

NSM Undergraduate Prizes 2020

Undergraduate Thesis Prize



Rasyidah binti Ali
Universiti Putra Malaysia



Zainorain Natasha binti Zainal Arifen
Universiti Kebangsaan Malaysia



Nurul Syahidah binti Nazri
Universiti Sains Malaysia



Lee Lii Sin
International Medical University



Mohd Aleef bin Mohd Bakri
Management and Science University



Ong Hui Yi
UCSI University

NSM Undergraduate Prizes 2020

Undergraduate Thesis Prize



Group Photo

NSM Publication Prizes 2020

Maternal Nutrition



Woon Fui Chee
Universiti Putra Malaysia

Dairy Nutrition



Leiu Kok Hong
Universiti Putra Malaysia

NSM Publication Prizes 2020



Group Photo

*(with Ms Megawati Suzari, representative from Fonterra Brands (M) Bhd
– the sponsor of NSM publication prizes)*

NSM Publication Prizes 2020

Healthy Eating and Physical Activity in Prevention of Non-communicable Diseases (NCDs)



Fatimah Sulong
Nutrition Division, Ministry of Health Malaysia

NSM Publication Prizes 2020



Group Photo

*(with Mr Steven Chin, representative from Herbalife Products Malaysia Sdn Bhd
– the sponsor of NSM publication prizes)*

B. SCIENTIFIC PROGRAMME

DAY 1: 24 NOVEMBER 2020

Keynote Lecture

Diet, Happiness and Longevity

The screenshot shows a Zoom meeting with two participants. On the left is Ismail Noor, and on the right is Hardinsyah Hardinsyah. Below the video feeds is a presentation slide for the 35th Scientific Conference Nutrition Society of Malaysia, titled "Diet, happiness and longevity". The slide lists the Chairperson as Emeritus Prof Dr Mohd Ismail Noor and the Speaker as Prof Dr Hardinsyah.

Chairperson:
Emeritus Prof Dr Ismail Noor
Universiti Kebangsaan Malaysia

The screenshot shows a Zoom meeting with one participant, Prof Hardinsyah Hardinsyah. Below the video feed is a presentation slide titled "DIET, HAPPINESS AND LONGEVITY". The slide includes the text "Together Towards Optimal Nutrition" and "35th NSM Scientific Conference via GoTo Webinar Online Platform Malaysia, 24-25 November 2019". It also features a "HAPPY BIRTHDAY" graphic and a logo for the 35th anniversary of the Nutrition Society of Malaysia.

Speaker:
Prof Hardinsyah
IPB University & Federation of
Asian Nutrition Studies

Symposium 1

Maternal, Infant and Young Child Nutrition

Rokiah Don

sivalingam nalliah

35th Scientific Conference Nutrition Society of Malaysia
"Together Towards Optimal Nutrition"
24-25 November 2020 | GoToWebinar Online Platform

Symposium 1
Maternal, Infant and Young Child Nutrition

Chairperson



Pn Rokiah Don
Nutrition Society of Malaysia

Speaker 1



Prof Dato' Dr Sivalingam Nalliah
International Medical University

Speaker 2

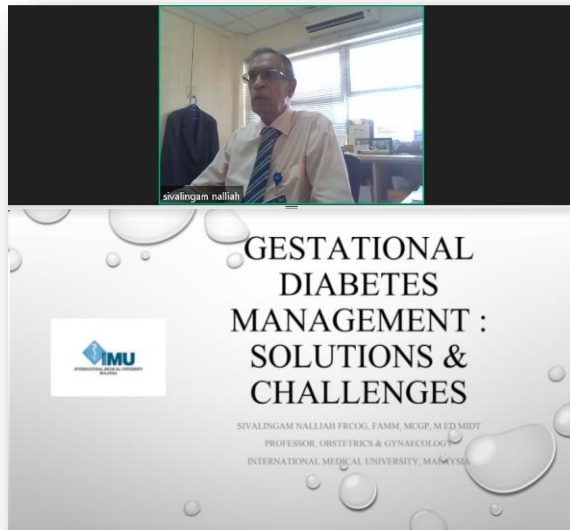


Assoc Prof Dr Intan Hakimah Ismail
Universiti Putra Malaysia

Chairperson:
Puan Rokiah Don
Universiti Putra Malaysia

Symposium 1

Maternal, Infant and Young Child Nutrition



Management of gestational diabetes in Malaysia – solutions and challenges

by

Prof Dato Dr Sivalingam Nalliah
International Medical University

Prevention of allergic diseases in infant and young child feeding. How should we feed them?

by

Assoc Prof Dr Intan Hakimah Ismail
Universiti Putra Malaysia



Dietary prevention of allergic disease in infants and young children: How should we feed them?

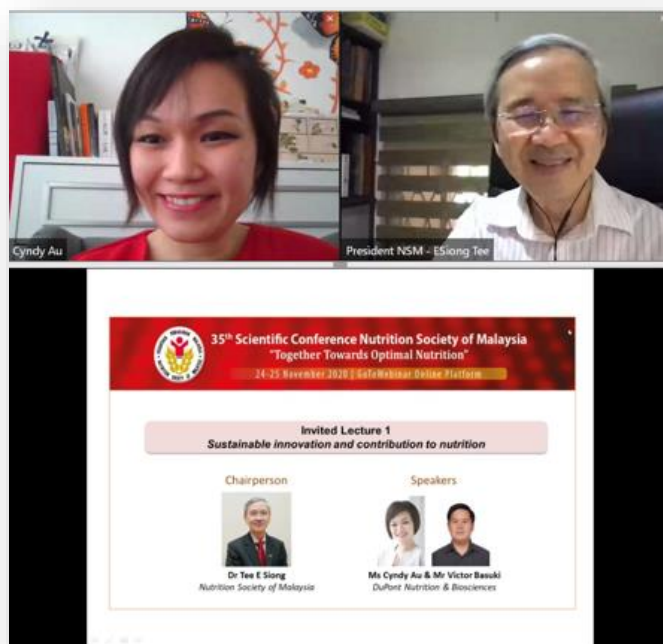
35th NSM Annual Scientific Conference
24th-25th November 2020

Associate Prof Dr Intan Hakimah Ismail
MD, MMed Paeds, PhD
Consultant Paediatrician
Clinical Immunologist & Allergist
Universiti Putra Malaysia



Invited Lecture 1

Sustainable innovation and contribution to nutrition



Chairperson:
Dr Tee E Siong
Nutrition Society of Malaysia



Speakers:
Ms Cyndy Au and Mr Victor Basuki
DuPont Nutrition & Biosciences

Invited Lecture 2

The role of oral nutritional supplementation in growth intervention



Chairperson:
Dr Tan Sue Yee
Nutrition Society of Malaysia



Speaker:
Siti Hawa Mohd Taib
University Malaysia Medical Centre

Young Researchers' Symposium

The image shows a Zoom meeting interface with five participants in a grid view. From left to right, the participants are: Safiah bt. Md. Yusof (wearing an orange hijab and headphones), Norimah Karim, Leng Foo, Razif Shahril, and Geeta Appannah. Below the grid is a presentation slide for the 35th Scientific Conference Nutrition Society of Malaysia. The slide features the conference logo and title, the dates 24-25 November 2020, and the platform GotoWebinar. It also lists the Young Researchers' Symposium participants: Chairperson Assoc Prof Datin Dr Safiah Md Yusof (International Medical University) and four speakers: Mr Chang Chung Yuan (International Medical University), Ms Zunura'in Zahali (Universiti Sains Malaysia), Ms Woon Fui Chee (Universiti Putra Malaysia), and Ms Lim Sim Yee (Universiti Kebangsaan Malaysia).

Chairperson:
Assoc Prof Dr Safiah Md Yusof
International Medical University

Young Researchers' Symposium



Chung Yuan Chang

The role of familial resemblance in peak bone mass attainment among Malaysian children

Chang Chung Yuan

PhD candidate,
Division of Nutrition & Dietetics,
School of Health Sciences, IMU





The role of familial resemblance in peak bone mass attainment among Malaysian children

by
Mr Chang Chun Yuan
International Medical University

The association of serum adipokines and vitamin D level in newly diagnosed women with breast cancer. A case-control study

by
Ms Zunura'in Zahali
Universiti Sains Malaysia

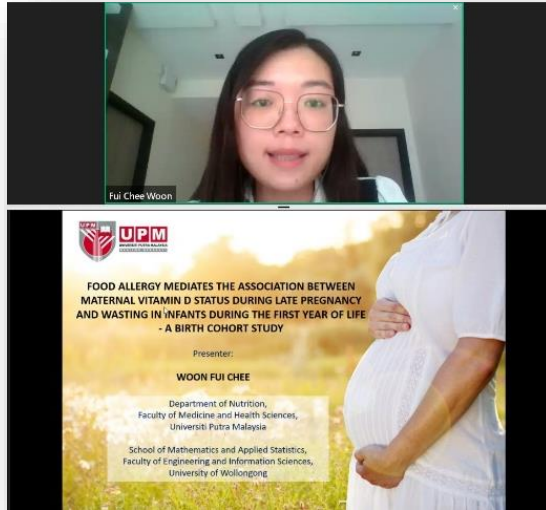



The association of serum adipokines and vitamin D level in newly diagnosed women with breast cancer: A case-control study

Zunura'in Z¹, Sirajudeen KNS² & Hamid Jan JM²

¹Nutrition and Dietetics Program, School of Health Sciences, Universiti Sains Malaysia
²Department of Basic Medical Sciences, Kuliyah of Medicine, International Islamic University Malaysia

Young Researchers' Symposium



Food allergy mediates the association between maternal vitamin D status during late pregnancy and wasting in infants during the first year of life – a birth cohort study

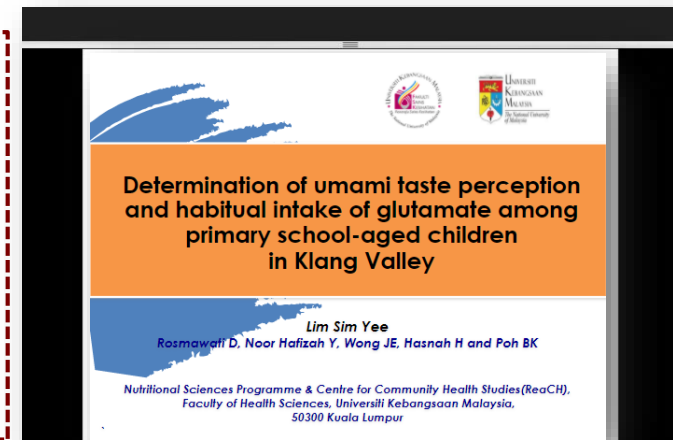
by

Ms Woon Fui Chee
Universiti Putra Malaysia

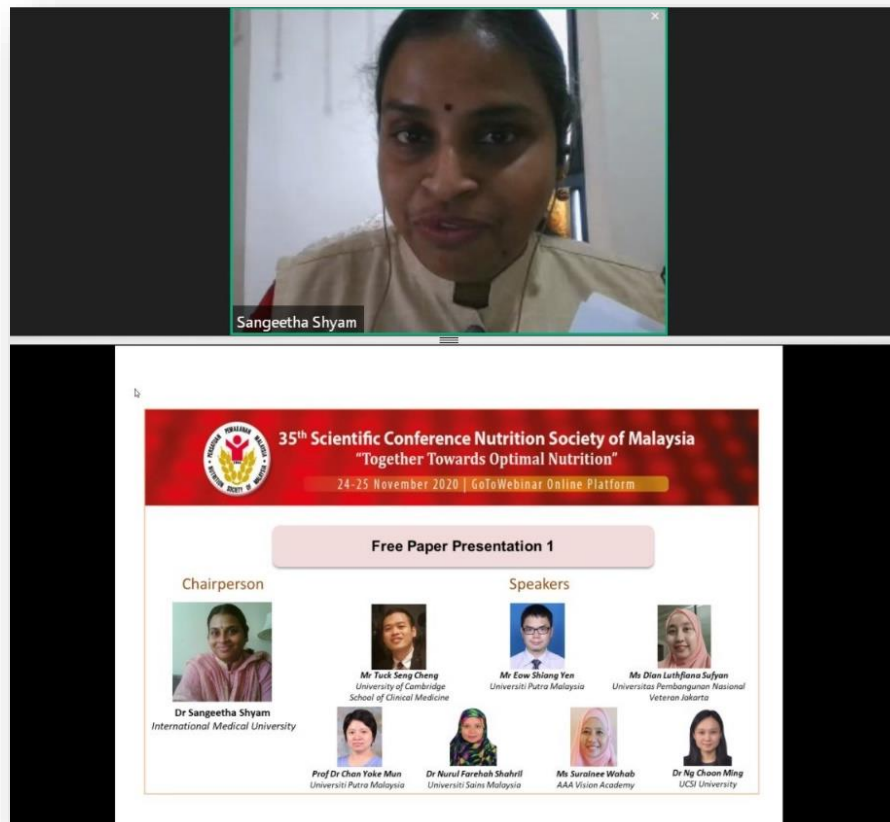
Determination of umami taste perception and habitual intake of glutamate among primary school children in Klang Valley

by

Ms Lim Sim Yee
Universiti Kebangsaan Malaysia



Free Paper Presentation 1



The image shows a Zoom meeting interface. At the top, a video feed displays Dr. Sangeetha Shyam, with her name in a caption below. Below the video is a presentation slide titled "Free Paper Presentation 1". The slide features a red header with the logo of the Nutrition Society of Malaysia and the text: "35th Scientific Conference Nutrition Society of Malaysia 'Together Towards Optimal Nutrition' 24-25 November 2020 | GoToWebinar Online Platform". The slide lists the Chairperson and Speakers with their respective photos and names.

Chairperson

Speakers

Dr Sangeetha Shyam
International Medical University

Mr Tuck Seng Cheng
University of Cambridge
School of Clinical Medicine

Mr Ewe Shiang Yee
Universiti Putra Malaysia

Ms Dian Luthiana Suljan
Universitas Pembangunan Nasional
Veteran Jakarta

Prof Dr Chan Yoke Mun
Universiti Putra Malaysia

Dr Nurul Farehah Shahrill
Universiti Sains Malaysia

Ms Surainee Wahab
AAA Vision Academy

Dr Ng Chuan Ming
UCSI University

Chairperson:
Dr Sangeetha Shyam
International Medical University

Free Paper Presentation 1



Tuck Seng CHENG

MRC | UNIVERSITY OF CAMBRIDGE



Associations between prepubertal dietary intakes and puberty timing in boys and girls from the Avon Longitudinal Study of Parents and Children (ALSPAC)

Tuck Seng Cheng, Stephen J. Sharp, Soren Brage, Nita G. Forouhi, Ken K. Ong
24 November 2020
tuck.seng.cheng@mrc-reed.cam.ac.uk

Associations between pre-pubertal dietary intakes and puberty timing in boys and girls

by
Mr Tuck Seng Cheng
University of Cambridge

Nutritional factors associated with autism severity in children with Autism Spectrum Disorder at an autism intervention center in Kuala Lumpur

by
Mr Eow Shiang Yen
Universiti Putra Malaysia



Shiang Yen Eow

Factors associated with sleep habits in children with Autism Spectrum Disorder



Eow Shiang Yen¹,
Assoc. Prof. Dr. Gan Wan Ying¹,
Prof. Dr. Zafiah Meld Shariff²,
Dr. Lim Boh Ying³ and
Assoc. Prof. Dr. Hamidin bin Awang⁴

¹Department of Nutrition, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia
²Department of Community Health, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia
³Department of Psychiatry, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia



Dian Sufyan

Nutrition Society Malaysia - 39th Scientific Conference 24 November 2020

Measuring quality of life among women of reproductive age during Covid-19 pandemic

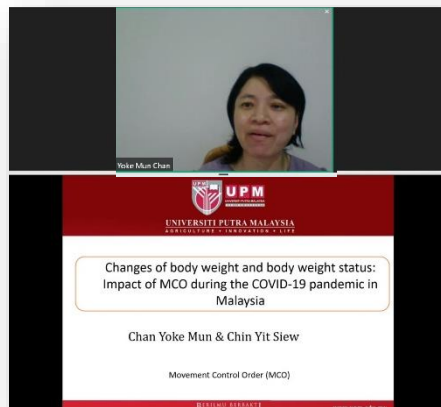
Dian Luthfiana Sufyan^{1,2}, Muhammad NRS³, Nurhaya³

¹ Nutrition Study Program, Faculty of Health Sciences, UPR Veteran Jakarta
² ISARMI KECIKON, University of Indonesia, Indonesia
³ Nutrition Study Program, Health Polytechnic of Mumpus, West Sulawesi, Indonesia
Email: dian.sufyan@upnj.ac.id

Measuring quality of life among women of reproductive age during Covid-19 pandemic

by
Ms Dian Luthfiana Sufyan
Universitas Pembangunan Nasional Veteran Jakarta

Free Paper Presentation 1

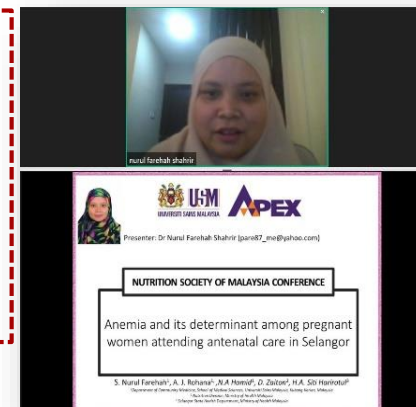


**Changes of body weight and body weight status:
impact of MCO during the COVID-19 pandemic in
Malaysia**

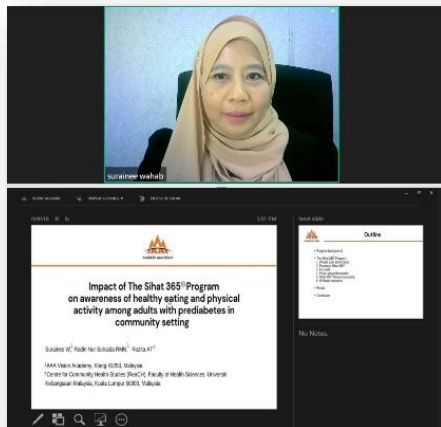
by
Prof Dr Chan Yoke Mun
Universiti Putra Malaysia

**Anemia and its determinant among pregnant
women attending antenatal care in Selangor**

by
Dr Nurul Farehah Shahrir
Universiti Sains Malaysia



Free Paper Presentation 1



Impact of The Sihat 365 Program on awareness of healthy eating and physical activity among adults with prediabetes in community setting

by
Ms Surainee Wahab
AAA Vision Academy

The associations between screen time and psychosocial wellbeing of pregnant women in Kuala Lumpur, Malaysia

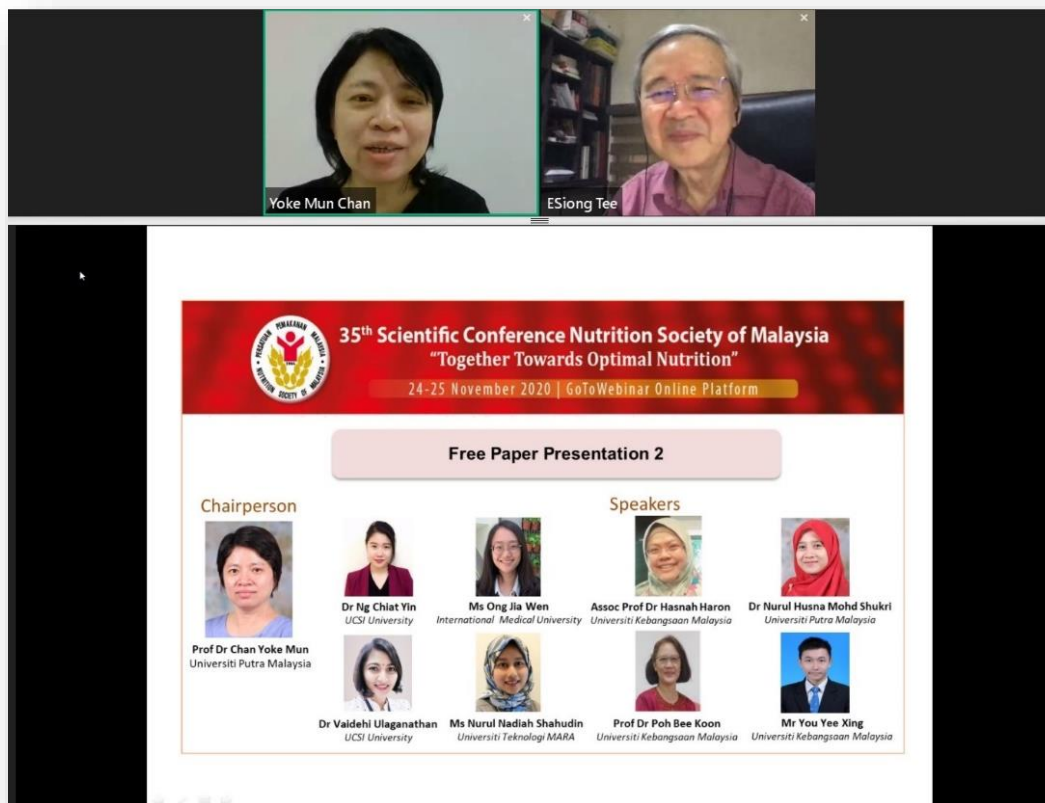
by
Dr Ng Choon Ming
UCSI University



B. SCIENTIFIC PROGRAMME

DAY 2: 25 NOVEMBER 2020

Free Paper Presentation 2




Yoke Mun Chan

ESiong Tee


35th Scientific Conference Nutrition Society of Malaysia
"Together Towards Optimal Nutrition"
24-25 November 2020 | GoToWebinar Online Platform


Free Paper Presentation 2


Chairperson



Prof Dr Chan Yoke Mun
Universiti Putra Malaysia


Speakers



Dr Ng Chiat Yin
UCSI University



Ms Ong Jia Wen
International Medical University



Assoc Prof Dr Hasnah Haron
Universiti Kebangsaan Malaysia


Dr Nurul Husna Mohd Shukri
Universiti Putra Malaysia


Dr Valdehi Ulaganathan
UCSI University


Ms Nurul Nadiah Shahudin
Universiti Teknologi MARA


Prof Dr Poh Bee Koon
Universiti Kebangsaan Malaysia


Mr You Yee Xing
Universiti Kebangsaan Malaysia

Chairperson:
Prof Dr Chan Yoke Mun
Universiti Putra Malaysia

Free Paper Presentation 2



Cluter analysis of macronutrient intake and DNA damage among Malay women

by
Dr Ng Chiat Yin
UCSI University

Postprandial glycaemic response to isomaltulose in healthy Malaysian adults: a single-blind, randomised, crossover pilot study

by
Ms Ong Jia Wen
International Medical University



Identification of frequently available street food to strengthen salt reduction action in Malaysia

by
Assoc Prof Dr Hasnah Haron
Universiti Kebangsaan Malaysia

Free Paper Presentation 2



Nurul Husna M. Shukri



Maternal experiences & feeding practices in Malaysia during the COVID-19 Pandemic

by
Dr Nurul Husna Mohd Shukri
Universiti Putra Malaysia

Co-researchers:
Dr Gan WY*, Dr Nurzalinda Z*, Ms Nurujannah MN*, Dr Maiza Tusimin*
*Dept of Nutrition, FMHS, Universiti Putra Malaysia
*Prince Court Medical Center, Kuala Lumpur, Malaysia

Maternal experiences & feeding practices in Malaysia during the Covid-19 pandemic

by
Dr Nurul Husna Mohd Shukri
Universiti Putra Malaysia

The prevalence of serum 25 hydroxyvitamin D deficiency in nasopharyngeal carcinoma: a cross-sectional hospital-based study

by
Dr Vaidehi Ulaganathan
UCSI University



Vaidehi Ulaganathan



The prevalence of serum 25 hydroxyvitamin D deficiency in nasopharyngeal carcinoma cases

by
Dr. VAIDEHI ULAGANATHAN, PhD
UCSI University



Nurul Nadiah Shahudin



Higher body fat percentage, BMI and waist circumference is associated with lower 25OHD concentration among pre-menopausal indoor female workers

by
Nurul Nadiah Shahudin^{1,2}, Nor Aini Jamil³, Arimi Fitri Mal Ludin⁴ and Zahara Abdul Manaf⁵

1 Faculty of Science, Universiti Teknologi MARA, 42300, Shahjalek, Perak, Malaysia; 2 Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Kuala Lumpur, 50557, Malaysia; 3 Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Kuala Lumpur, 50557, Malaysia; 4 Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Kuala Lumpur, 50557, Malaysia; 5 Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Kuala Lumpur, 50557, Malaysia

Higher body fat percentage, BMI and waist circumference is associated with lower 25OHD concentration among pre-menopausal indoor female workers

by
Ms Nurul Nadiah Shahudin
Universiti Teknologi MARA

Free Paper Presentation 2



SEANUTS II MALAYSIA:
Mitigating the Challenges of
Conducting a Children's Nutrition
Survey in the Era of COVID-19 Pandemic

by
Prof Dr Poh Bee Koon
Universiti Kebangsaan Malaysia

Chia JSM, Wong JE, Ang YN, Lee ST, Yeo GS, Teh KC, Nurul Amran A, Nur Syamira S, Kan YK, Lee KY, Muthiah MA, Tan DJY, Tan HL, Salmi Estelon MS, Samsaha MJ, Koh D, Razita AT and Woo LH on behalf of the SEANUTS II Study Group

Centre for Community Health Studies
Faculty of Health Sciences
Universiti Kebangsaan Malaysia
Kuala Lumpur

23rd Scientific Conference, Nutrition Society of Malaysia

SEANUTS II Malaysia: Mitigating the challenges of conducting a children's nutrition survey in the era of COVID-19 pandemic

by
Prof Dr Poh Bee Koon
Universiti Kebangsaan Malaysia

The effects of *Cosmos Caudatus* supplementation on neurodegenerative prevention among older adults with mild cognitive impairment

by
Mr You Yee Xing
Universiti Kebangsaan Malaysia



THE EFFECTS OF *COSMOS CAUDATUS* SUPPLEMENTATION ON NEURODEGENERATIVE PREVENTION AMONG OLDER ADULTS WITH MILD COGNITIVE IMPAIRMENT

by
You Yee Xing, Susana Shehar, Nor Fadiah Rajab, Hasnah Haron, and Moziyfarina Mohamad

Science Programme and Centre for Healthy Aging and Wellness (Hi-Care), Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Jalan Raja Muda Abdul Aziz, 50080 Kuala Lumpur, Malaysia

Biomedical Science Programme and Centre for Healthy Aging and Wellness (Hi-Care), Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Jalan Raja Muda Abdul Aziz, 50080 Kuala Lumpur, Malaysia

Original research paper with methodology, progress and current findings. To be presented at the 23rd Scientific Conference, Nutrition Society of Malaysia, 2023.

Centre for Healthy Aging and Wellness (Hi-Care), Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Jalan Raja Muda Abdul Aziz, 50080 Kuala Lumpur, Malaysia

Hi-CARE

Symposium 2



The image shows a Zoom meeting interface. At the top, there is a video feed of Prof Dr Poh Bee Koon, a woman with glasses wearing a purple top, with her name 'Bee Koon Poh' displayed below. Below the video feed is a presentation slide for the 35th Scientific Conference Nutrition Society of Malaysia. The slide features the conference logo and title: '35th Scientific Conference Nutrition Society of Malaysia "Together Towards Optimal Nutrition" 24-25 November 2020 | GoToWebinar Online Platform'. The slide is titled 'Symposium 2 School Child and Adolescent Nutrition' and lists the following individuals:

- Chairperson:** Prof Dr Poh Bee Koon, Universiti Kebangsaan Malaysia
- Speakers:** Assoc Prof Dr Chin Yit Siew, Nutrition Society of Malaysia; and Dr Sharifah Intan Zainun Sharif Ishak, Management and Science University

Chairperson:
Prof Dr Poh Bee Koon
Universiti Kebangsaan Malaysia

Symposium 2

School Child and Adolescent Nutrition



Yit Siew Chin



Nutrition Society of Malaysia (NSM) promotes school child nutrition

CHIN YS^{1,2}, TEE ES¹, NORIMAH AK^{1,3}, ZAWIAH H¹

¹Nutrition Society of Malaysia
²Department of Nutrition, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia
³School of Health Sciences, International Medical University


Nutrition Society of Malaysia (NSM) promotes school child nutrition
 by
Assoc Prof Dr Chin Yit Siew
Nutrition Society of Malaysia

Understanding Malaysian adolescents' perception of healthy eating and active lifestyle

by
Ms Sharifah Intan Zainun Sharif Ishak
Management and Science University



Sharifah Intan Zainun Sharif Ishak

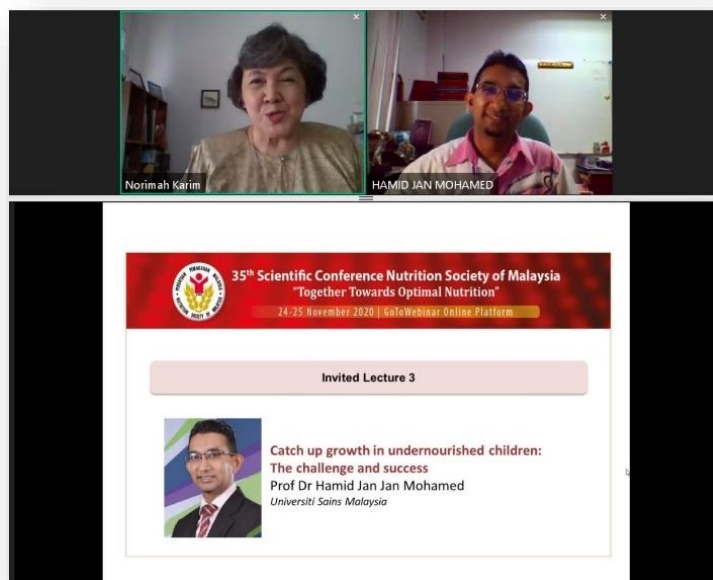


Understanding Malaysian adolescents' perception of healthy eating and active lifestyle

Sharifah Intan Zainun Sharif Ishak^{1,2}, Chin Yit Siew^{2*}, Mohd Nasir Mohd Taib² and Zailiah Mohd Shariff²

¹Department of Healthcare Professional, Faculty of Health and Life Sciences, Management and Science University.
²Department of Nutrition, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia.

Invited Lecture 3

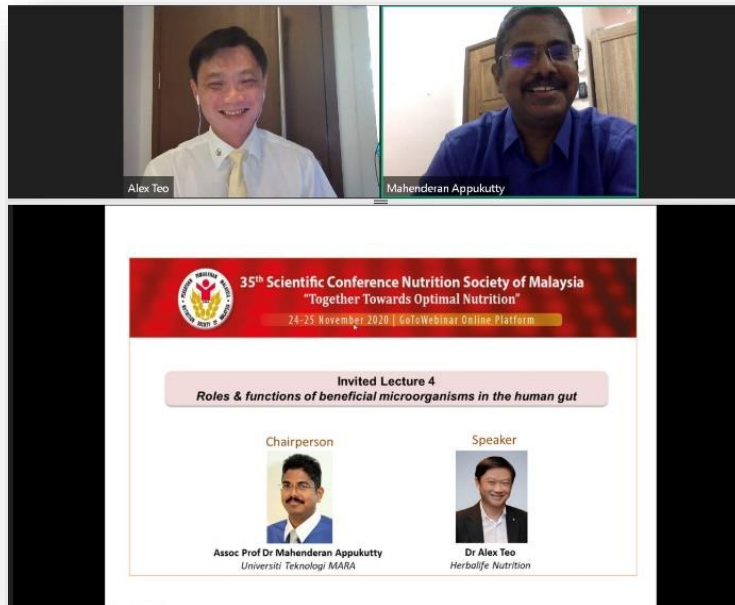


Chairperson:
Prof Dr Norimah A Karim
International Medical University



Speaker:
Prof Dr Hamid Jan Jan Mohamed
Universiti Sains Malaysia


Invited Lecture 4




Alex Teo Mahenderan Appukutty


35th Scientific Conference Nutrition Society of Malaysia
 "Together Towards Optimal Nutrition"
 24-25 November 2020 | GoToWebinar Online Platform

Invited Lecture 4
Roles & functions of beneficial microorganisms in the human gut

Chairperson

 Assoc Prof Dr Mahenderan Appukutty
 Universiti Teknologi MARA

Speaker

 Dr Alex Teo
 Herbalife Nutrition

Chairperson:
Assoc Prof Dr Mahenderan Appukutty
Universiti Teknologi MARA



Alex Teo

Changes to the Human Gut Microflora

Bacterial load $\sim 3 \times 10^{11}$ (30 trillions) bacterial cells in a 70-kg healthy adult gut

Healthy intestinal microbial load is **stable** throughout adulthood

Healthy balance of the Bacteroidetes & Firmicutes - major bacterial groups (phyla)

Ageing process, perturbations occur with antibiotics & steroid uses and high carbohydrate diets and cellular stress

Fermentation processes in the colonic gut are altered adversely with variations in the microbiota

Older adults (63-76 years), gut microbiota **loses its relative stability**

Decline in immune responses and low-grade inflammatory response

HERBALIFE NUTRITION

Company Confidential 11

Speaker:
Dr Alex Teo
Herbalife Nutrition

Invited Lecture 5



Sangeetha Shyam

Roseline Yap

35th Scientific Conference Nutrition Society of Malaysia
"Together Towards Optimal Nutrition"
24-25 November 2020 | GoTo Webinar Online Platform

Invited Lecture 5
Isomaltulose (Palatinose™): Recent evidence for health benefits

Chairperson



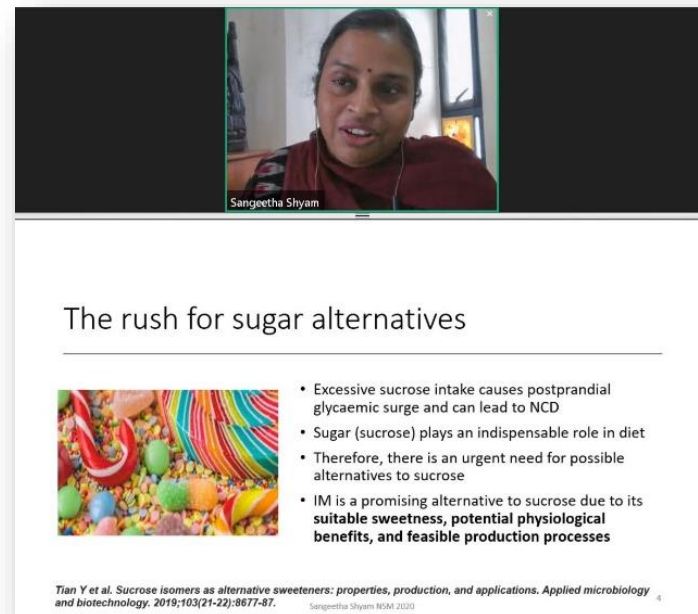
Dr Roseline Yap Wai Kuan
Nutrition Society of Malaysia

Speaker




Dr Sangeetha Shyam
International Medical University

Chairperson:
Dr Roseline Yap Wai Kuan
Nutrition Society of Malaysia



Sangeetha Shyam

The rush for sugar alternatives

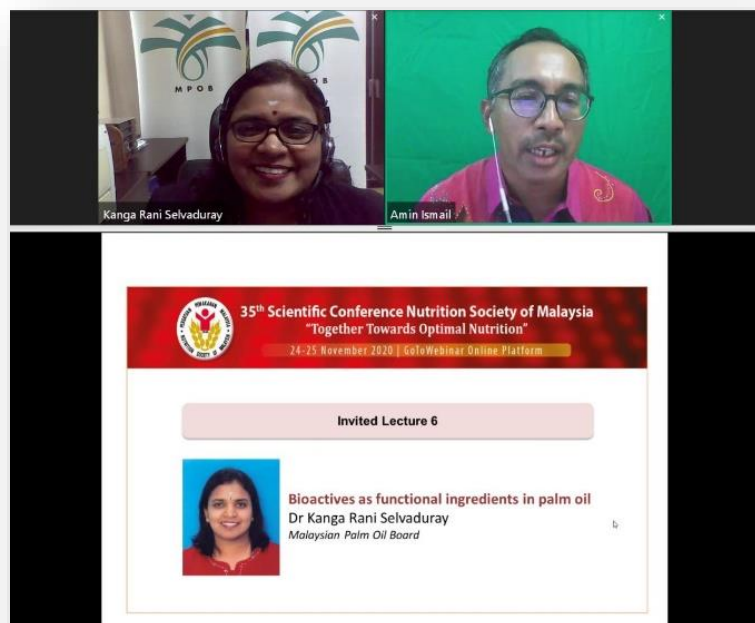


- Excessive sucrose intake causes postprandial glycaemic surge and can lead to NCD
- Sugar (sucrose) plays an indispensable role in diet
- Therefore, there is an urgent need for possible alternatives to sucrose
- IM is a promising alternative to sucrose due to its **suitable sweetness, potential physiological benefits, and feasible production processes**

Tian Y et al. Sucrose isomers as alternative sweeteners: properties, production, and applications. *Applied microbiology and biotechnology*. 2019;103(21-22):8677-87. Sangeetha Shyam NSM 2020

Speaker:
Dr Sangeetha Shyam
International Medical University

Invited Lecture 6



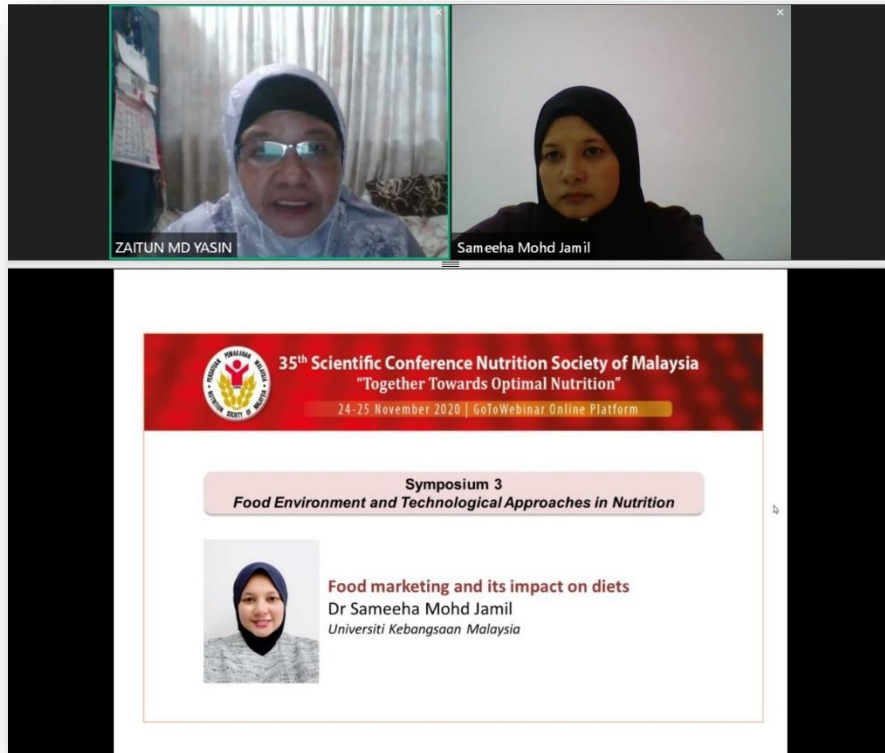
Chairperson:
Prof Dr Amin Ismail
Universiti Putra Malaysia



Speaker:
Dr Kanga Rani Selvaduray
Malaysian Palm Oil Board

Symposium 3

Food Environment and Technological Approaches in Nutrition



The screenshot shows a Zoom meeting interface. At the top, there are two video thumbnails. The left thumbnail shows a woman wearing a white hijab and glasses, with the name 'ZAITUN MD YASIN' below it. The right thumbnail shows a woman wearing a black hijab, with the name 'Sameeha Mohd Jamil' below it. Below the thumbnails is a presentation slide. The slide has a red header with the text '35th Scientific Conference Nutrition Society of Malaysia "Together Towards Optimal Nutrition" 24-25 November 2020 | GoToWebinar Online Platform'. Below the header, there is a white box with the text 'Symposium 3 Food Environment and Technological Approaches in Nutrition'. At the bottom of the slide, there is a small portrait of a woman in a black hijab, followed by the text 'Food marketing and its impact on diets Dr Sameeha Mohd Jamil Universiti Kebangsaan Malaysia'.

Chairperson:
Dr Zaitun Md Yasin
Nutrition Society of Malaysia

Symposium 3

Food Environment and Technological Approaches in Nutrition



Food environment and technological approaches in nutrition

by
Dr Sameeha Mohd Jamil
Universiti Kebangsaan Malaysia

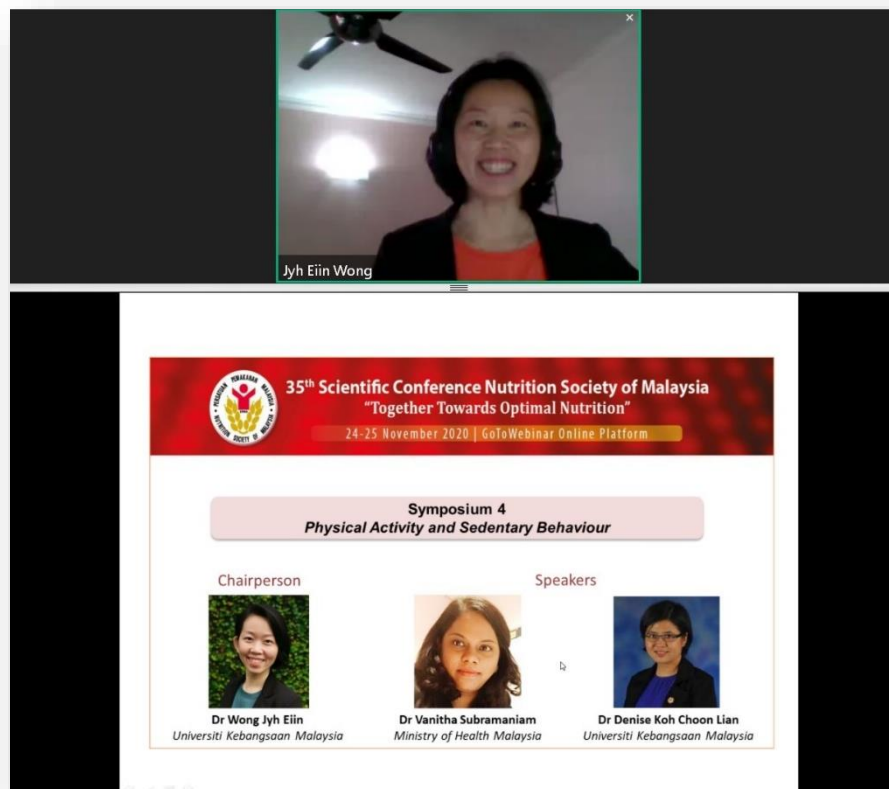
CSIRO healthy diet score survey

by
Dr Gilly Hendrie
Commonwealth Scientific and Industrial Research Organisation



Symposium 4

Physical Activity and Sedentary Behaviour

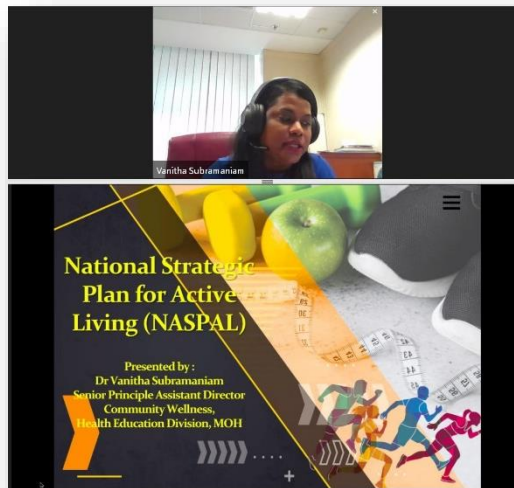


The image shows a Zoom meeting interface. At the top, a video call window displays Jyh Eiin Wong, a woman with dark hair wearing a black blazer over an orange top. Below the video call is a presentation slide. The slide has a red header with the text "35th Scientific Conference Nutrition Society of Malaysia" and "Together Towards Optimal Nutrition". Below the header, it says "24-25 November 2020 | GoToWebinar Online Platform". The main content of the slide is titled "Symposium 4" and "Physical Activity and Sedentary Behaviour". Under this title, there are two sections: "Chairperson" and "Speakers". The "Chairperson" section features a portrait of Dr. Wong Jyh Eiin, with her name and affiliation "Universiti Kebangsaan Malaysia" listed below. The "Speakers" section features two portraits: Dr. Vanitha Subramaniam, with her name and affiliation "Ministry of Health Malaysia" listed below, and Dr. Denise Koh Choon Lian, with her name and affiliation "Universiti Kebangsaan Malaysia" listed below.

Chairperson:
Dr Wong Jyh Eiin
Universiti Kebangsaan Malaysia

Symposium 4

Physical Activity and Sedentary Behaviour



National Strategic Plan for Active Living (NASPAL)

by

Dr Vanitha Subramaniam
Ministry of Health

Physical activity behaviour among preschool children in Malaysia: preliminary results from SUNRISE Study Malaysia

by

Dr Denise Koh
Universiti Kebangsaan Malaysia



PRIZE PRESENTATION CEREMONY

NSM Young Researchers' Symposium Prizes 2020

NSM Poster Competition Prizes 2020

NSM Young Researchers' Symposium Prizes 2020

The screenshot shows a Zoom meeting with two participants: Ismail Noor and Norimah Karim. Below them is a presentation slide for the 35th Scientific Conference Nutrition Society of Malaysia, titled "Young Researchers' Symposium Prizes 2020". The slide lists the panel of judges:

Role	Name	Institution
Head	Prof Dr Norimah A Karim	International Medical University
Member	Assoc Prof Dr Foo Leng Huat	Universiti Sains Malaysia
Member	Assoc Prof Dr Mohd Razif Shahril	Universiti Kebangsaan Malaysia
Member	Assoc Prof Dr Geeta Appannah	Universiti Putra Malaysia

Prof Dr Norimah to comment on the presentations of the YRS

Panel of Judges

NSM Young Researchers' Symposium Prizes 2020



1st Prize:
Wong Fui Chee
Universiti Putra Malaysia



2nd Prize:
Ms Chang Chung Yuan
International Medical University

NSM Young Researchers' Symposium Prizes 2020



3rd Prize:
Ms Lim Sim Yee
Universiti Kebangsaan Malaysia



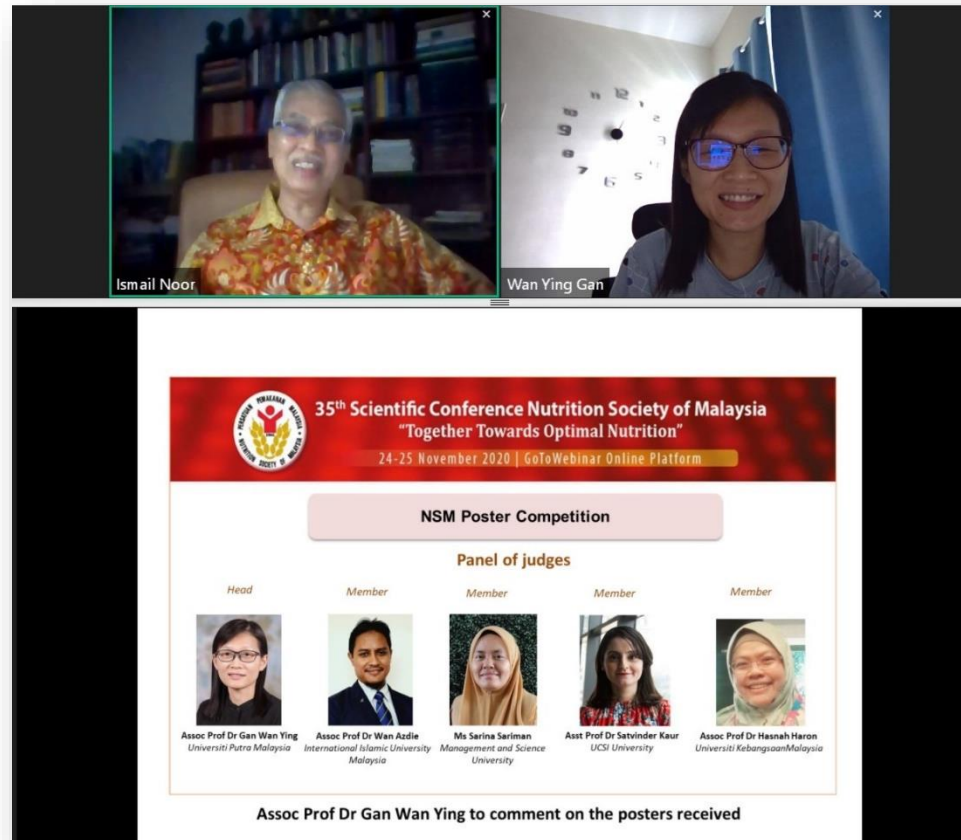
Consolation Prize:
Ms Zunura'in Zahali
Universiti Sains Malaysia

NSM Young Researchers' Symposium Prizes 2020



Group Photo

NSM Poster Presentation Prizes 2020








The image shows a Zoom meeting interface with two participants: Ismail Noor and Wan Ying Gan. Below the video is a slide for the NSM Poster Competition panel of judges.

35th Scientific Conference Nutrition Society of Malaysia
"Together Towards Optimal Nutrition"
24-25 November 2020 | GoToWebinar Online Platform

NSM Poster Competition

Panel of judges

Head	Member	Member	Member	Member
				
Assoc Prof Dr Gan Wan Ying Universiti Putra Malaysia	Assoc Prof Dr Wan Azdie International Islamic University Malaysia	Ms Sarina Sariman Management and Science University	Aast Prof Dr Setvinder Kaur UCSI University	Assoc Prof Dr Hasnah Haron Universiti Kebangsaan Malaysia

Assoc Prof Dr Gan Wan Ying to comment on the posters received

Panel of Judges

NSM Poster Presentation Prizes 2020



1st Prize:
Ng Xin Qian
International Medical University



2nd Prize:
Lee Ching Wei
Universiti Putra Malaysia



3rd Prize:
Mok Kai Ting
UCSI University

NSM Poster Presentation Prizes 2020



Consolation Prize:
Sasveni Subramaniam
Management and Science University



Consolation Prize:
Elisa Eu Zhen Rong
Universiti Kebangsaan Malaysia



Consolation Prize:
Foo Shi Ying
Universiti Putra Malaysia



Consolation Prize:
Putri Nabila Zulfakar
Universiti Putra Malaysia

NSM Poster Presentation Prizes 2020



Consolation Prize:
Afaf Syazwani Ahmad Satmi
Universiti Sultan Zainal Abidin



Consolation Prize:
Rennusha Murugan
Management and Science University

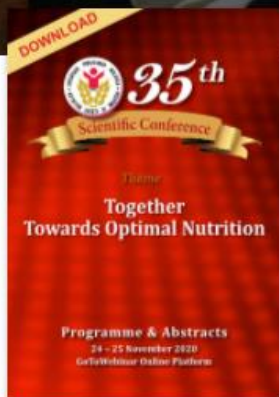
NSM Poster Presentation Prizes 2020



Group Photo

C. CONFERENCE WEBSITE

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Conference Programme

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Conference Goal

There is ample evidence that the prevalence of non-communicable diseases (NCDs) and their associated risk factors have been increasing in the past decades and now have reached alarming levels. Undernutrition persists among selected groups. Several policies and action plans have been implemented to tackle the double burden of malnutrition in the country, especially the IPANM III (2016-2025). However, there have been challenges in implementing some of the identified strategies, the main ones being lack of inter-sectorial and multi-stakeholder coordination, financial shortfall and lack of human resource capacity.

[Read more →](#)

Tentative Plenary Lectures / Symposium Topics

- Maternal, Infant and Young Child Nutrition
- School Child and Adolescent Nutrition
- Food Environment, Food Security and Technological Approaches in Nutrition
- Physical Activity and Sedentary Behaviour
- Functional Ingredients

[View Programme →](#)

Announcement & Call for Abstract



[Download ↓](#)

* Updated on 19th Oct 2020

UPDATE: Abstract submission deadline for poster presentation has been extended until 23rd October 2020.

Call for Abstracts

Members of the Society who are interested to participate in the symposia or poster sessions are invited to submit an abstract of their paper (200-300 words in MS Word format). Do not miss the chance to share your experience and research with colleagues and experts in this field.

[Check Results →](#)

Mark Your Diary

23 Oct
2020

Abstract Deadline

[Check Results →](#)

15 Nov
2020

Registration Deadline

[Register Now →](#)

24 - 25 Nov
2020

Conference Day

[View Programme →](#)

Homepage

Preliminary Announcement

35th Scientific Conference
Theme

Together Towards Optimal Nutrition

30 June – 2 July 2020 | Hotel Istana, Kuala Lumpur

About the conference

There is ample evidence that the prevalence of non-communicable disease (NCD) and their associated risk factors have been increasing in the past decades and now have reached alarming levels. Undernutrition persists among selected groups.

Several policies and action plans have been implemented to tackle the double burden of malnutrition in the country, especially the NPFAM III (2016-2025). However, there have been challenges in implementing some of the identified strategies, the main ones being lack of inter-sectorial and multi-stakeholder coordination, financial shortfall and lack of human resource capacity.

A whole-of-government approach is crucial as tackling nutrition-related disorders requires the close collaboration of diverse ministries and agencies. In addition, it is essential for various stakeholders including academic institutions, professional bodies and private sectors, to work together to systematically implement the identified strategies and action plans. It is imperative for all stakeholders to form strategic alliances, and pool together all the required resources to combat nutrition-related problems in the country.

The theme of the 35th NSM Annual Scientific Conference underscores the importance of all stakeholders working together to promote optimal nutrition among Malaysians. This conference serves as a platform for all stakeholders to productively exchange and discuss research and intervention activities towards building healthier future generations.

Tentative Conference Programme At A Glance

Time	WED, 3 JUNE	THUR, 4 JUNE
0830-0930	REGISTRATION	REGISTRATION POSTER VIEWING
0930-0945		Breakfast
0945-0955	OPENING CEREMONY	
0955-1000	Coffee Break/Poster Viewing	Symposium 1
1000-1010		Coffee Break/Poster Viewing
1010-1020	Keynote Address	Free Paper Presentation 2
1020-1030		Young Researchers' Symposium
1030-1040	Symposium 1	Lunch
1040-1050	Lunch	Symposium 2
1050-1100	Symposium 1	Lunch
1100-1110		Symposium 3
1110-1120	Poster Viewing/Trade Exhibitions	Poster Viewing/Trade Exhibitions
1120-1130		Symposium 4
1130-1140	Symposium 2	Symposium 4
1140-1150		Round Table Discussion (RTD)
1150-1200	Free Paper Presentation 2	PRIZE PRESENTATION & CLOSING CEREMONY
1200-1210	Free Paper Presentation 2	Coffee Break
1210-1220	Coffee Break/Poster Viewing	Coffee Break
1220-1230	Coffee Break/Poster Viewing	End
1230-1240	PRICES & FEES	

Tentative Plenary Lectures/ Symposia/ Topics

Preliminary announcement

35th Scientific Conference
Theme

Together Towards Optimal Nutrition

30 June – 2 July 2020 | Hotel Istana, Kuala Lumpur

First Announcement & Call for Abstract

CALL FOR ABSTRACTS

You are invited to submit abstracts for presentation in the symposia or poster sessions of the Conference. Abstracts can be in any of the symposia titles or any relevant topic in food and nutrition.

Please note that we are utilising ONLINE ABSTRACT SUBMISSION. Abstract format must follow e

Important Dates

Pre-conference: 30 June 2020
Conference: 1 – 2 July 2020

1st announcement

Postponed

35th Scientific Conference
Theme

Together Towards Optimal Nutrition

To be confirmed 30 June – 2 July 2020 | Hotel Istana, Kuala Lumpur

First Announcement & Call for Abstract

CALL FOR ABSTRACTS

You are invited to submit abstracts for presentation in the symposia or poster sessions of the Conference. Abstracts can be in any of the symposia titles or any relevant topic in food and nutrition.

Please note that we are utilising ONLINE ABSTRACT SUBMISSION. Abstracts (200-300 words in MS Word format) must follow exactly the prescribed format.

Details of the Conference will be updated from time to time through the NSM Conference's official website.

To check the acceptance status of your registration or submitted abstract, please log on to the website.

For more information and submission of abstract, please visit the Conference official website:
www.nsmconference.org.my

Abstract deadline

To be announced

Conference Venue

For more information on the venue, Hotel Istana, Kuala Lumpur, go to the following website:
www.hotelistana.com.my

The official language of the conference shall be English.

2nd announcement

Online Conference
Free registration for NSM members!

35th Scientific Conference
Theme

Together Towards Optimal Nutrition

24-25 November 2020 | GoToWebinar Online Platform

First Announcement & Call for Abstract

CALL FOR ABSTRACTS

You are invited to submit abstracts for presentation in the free paper presentation or poster sessions of the Conference. Abstracts can be in any of the symposia titles or any relevant topic in food and nutrition.

Please note that we are utilising ONLINE ABSTRACT SUBMISSION. Abstracts (200-300 words in MS Word format) must follow exactly the prescribed format.

Details of the Conference will be updated from time to time through the NSM Conference's official website.

To check the acceptance status of your registration or submitted abstract, please log on to the website.

For more information and submission of abstract, please visit the Conference official website:
www.nsmconference.org.my

Details of the updated from the NSM Conference

check the acceptan submitted abstract,

for more information please visit the Cor

www.nsmcon

abstract submitted before for presentation in

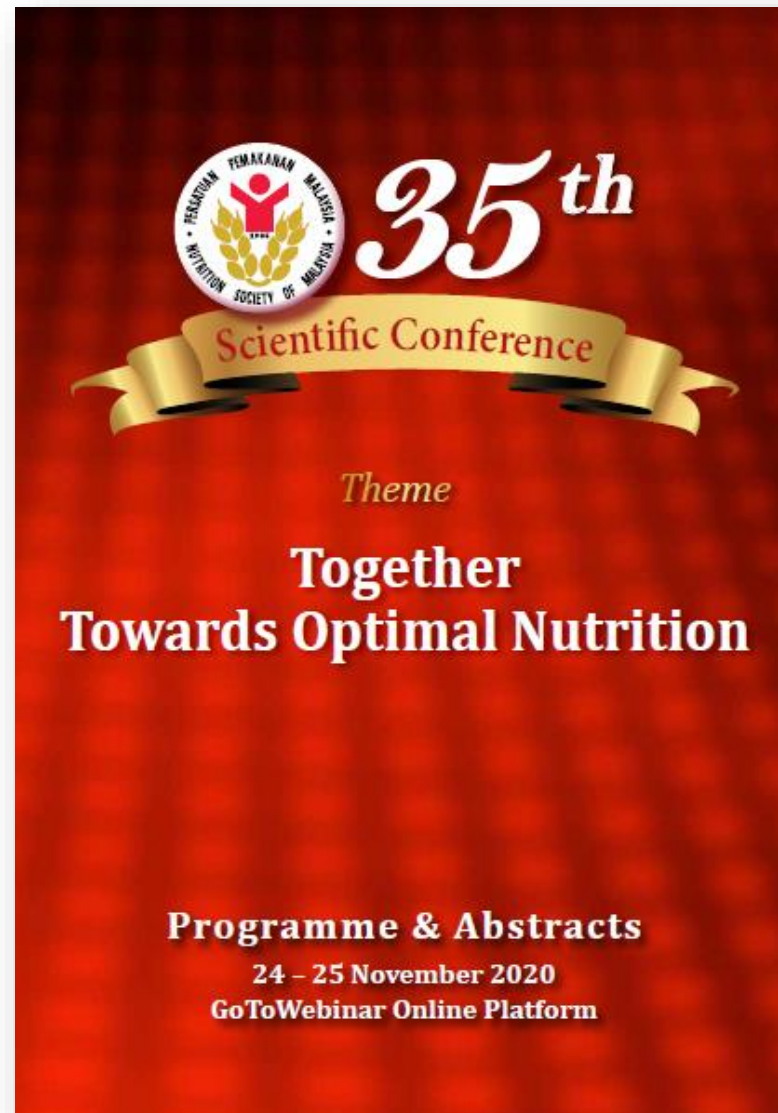
Abstract deadline

23 October 2020

The official language of the conference shall be English.

Final announcement

Programme & abstract book



Scientific poster section

SCIENTIFIC
Posters
View 140 posters from universities / organisations.

Search

Select a group:

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- Group B: Dietary Intake, Consumption Pattern & Disease
- Group C: Nutrients & Other Components in Foods/Products
- Group D: Clinical Nutrition/Intervention Trials
- Group E: Food Science & Technology
- Group F: Experimental Nutrition

SCIENTIFIC POSTERS
Group A
Nutritional Status (various groups) & Community Interventions

Search

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Poster ID	Abstract Title
A01	<p>Demographic and socioeconomic characteristics in relationship to food insecurity among households living in People's Housing Program (PHP) Klang Valley Malaysia <i>Asrowati Awalina Aslan and Norhasmah Sulaiman</i></p> <p><input type="button" value="View Poster"/> <input type="button" value="View Abstract"/></p>
A02	<p>SWOT analysis in understanding the role of nutritionists in promoting optimal nutritional well-being of Malaysians <i>Atikah Wardah M and Chin YS</i></p> <p><input type="button" value="View Poster"/> <input type="button" value="View Abstract"/></p>
A03	<p>Are older adults eating enough? <i>Camilla Wahida N, Siti Nur'asyura A and Rosita J</i></p>

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OPTIMUM NUTRIENT ABSORPTION

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Similac Intelli-Pro

DHA **TRASMIT**

Abbott

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Capai Catch-Up Growth
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* Pilih produk seperti Dugro[®] Complete (1kcal/ml)

- Asas Susu Lembu
- Berbaloi Untuk Mama
- Citarasa Si Manja
- DHA^{**}

Untuk Email-Kami! Kelengkapan nutrisi yang membolehkan catch-up growth. ** Kandungan DHA: 70.7mg/100g

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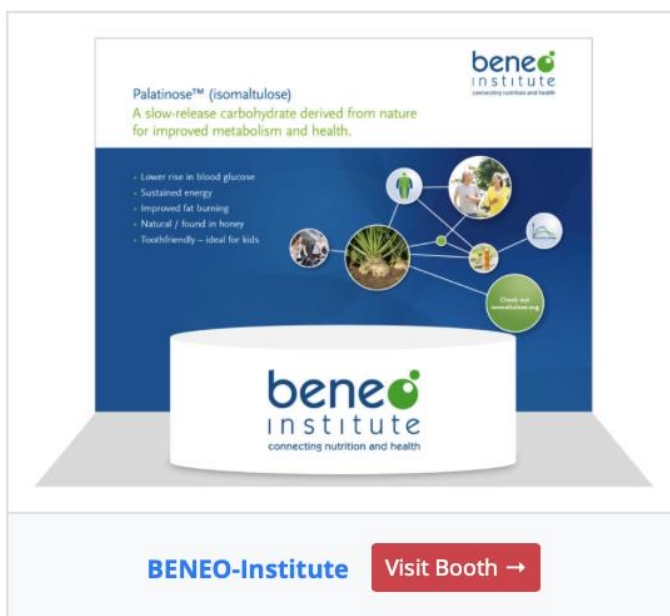
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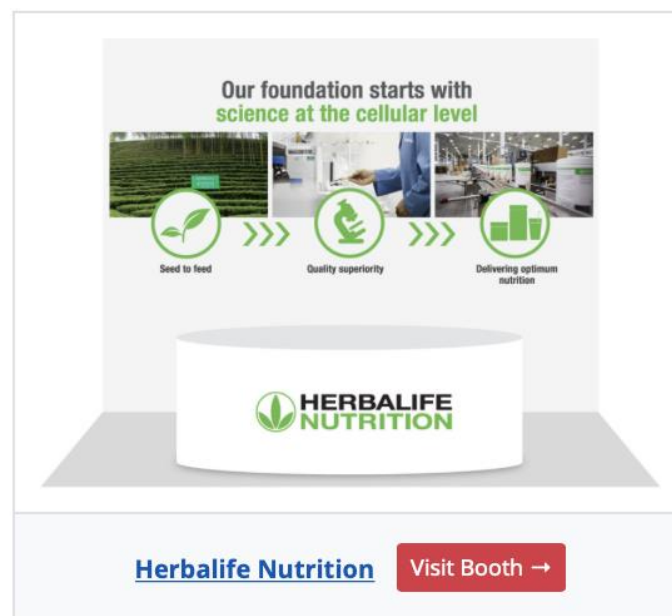
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Our foundation starts with science at the cellular level

Seed to feed Quality superiority Delivering optimum nutrition

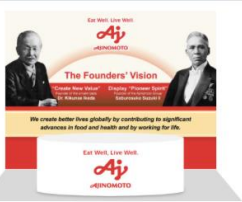
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NUTRITION

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Virtual Exhibition / Abbott

VISIBLE GROWTH in 8 WEEKS^{1,2}

OPTIMUM NUTRIENT ABSORPTION

Similac Intelle-Pro

DHA + 7 MARIAT



About Abbott

Abbott is a global healthcare leader that helps people live more fully at all stages of life. Our portfolio of life-changing technologies spans the spectrum of healthcare, with leading businesses and products in diagnostics, medical devices and nutritional. Our 103,000 colleagues serve people in more than 160 countries.

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PediaSure

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Publications

SUBOPTIMAL GROWTH ASSOCIATED WITH IMPAIRED IMMUNITY AND INCREASED RISK OF INFECTIONS

Scientific Overview

The immune system is composed of specialized cells and proteins that work to protect the body from foreign entities, such as microorganisms, environmental toxins, and low levels of cellular damage and repair.

Key Takeaways

- 1. Suboptimal growth is associated with impaired immunity and increased risk of infections.
- 2. PediaSure provides essential nutrients and vitamins to support the immune system and promote healthy growth.

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64% LESS SICK DAYS FOR MORE GROWTH DAYS

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GAIN GROWTH with 0% SUCROSE

Visible Growth in 8 Weeks^{1,2}

[View Image](#)

WHY PEDIASURE with 0% SUCROSE?

- BETTER APPETITE?
- VISIBLE GROWTH?
- LESSER SICK DAYS?
- NO SUCROSE?

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OPTIMUM NUTRIENT ABSORPTION

VISIBLE GROWTH 8 WEEKS

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Virtual Exhibition / DuPont Nutrition and Biosciences



About DuPont Nutrition and Biosciences

DuPont Nutrition & Biosciences is a world leader of innovative and sustainable solutions across food, health, pharma and biotech industries. Comprising of three strong market oriented, customer centric platforms, underpinned by outstanding technology and Innovation. Connect with us: [LinkedIn](#).

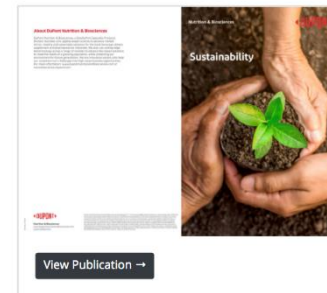
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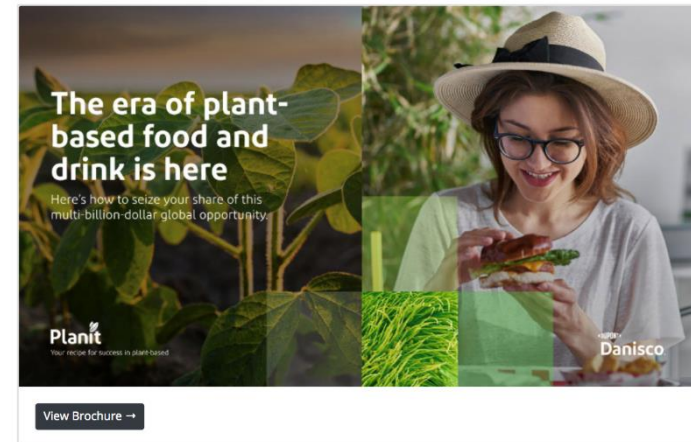
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Publications



Product Brochures



Virtual Exhibition

Symposium Sponsor's Booths: BENEIO-Institute

NSM Conference 2020

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Virtual Exhibition / BENEIO-Institute

The BENEIO-Institute – A network of minds.
Knowledge to connect nutrition and health.



beneio
institute
connecting nutrition and health

About BENEIO-Institute

The BENEIO-Institute is an initiative of BENEIO, one of the world leaders in functional ingredients from nature. It provides deep knowledge in nutrition science related to natural ingredients such as prebiotic chicory root fibres and isomaltulose. Key competences of Beneio-Institute are nutrition science and its communication as well as regulatory affairs.

Contact Information

Peen Ern Goh, Manager Nutrition Communication Asia Pacific
peenern.goh@beneio.com

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Chat Sessions

Day 2 Session
25th November 2020

Time: 2.45-3.45pm (GMT +8 Kuala Lumpur)

Platform: Skype

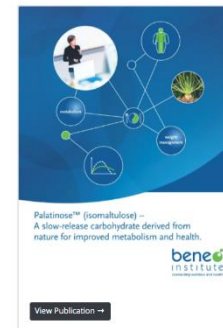
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Symposium Sponsor's Booths: Herbalife Nutrition

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Virtual Exhibition / Herbalife Nutrition

Notable experts

Excellence in science

Our notable experts in nutrition, science and health are actively involved in the development and testing of all Herbalife Nutrition products, ensuring they are of the highest quality. They help educate and train Distributors around the world, providing them with tools to help them inspire others to live a healthy, active lifestyle. They are also members of various research and professional societies and dietetic groups worldwide.

- KRISTY APPELHANS**, Ph.D., M.S., R.D.
SENIOR DIRECTOR, Global Post-Bioactive Medical Symposium
- KENT BRADLEY**, Ph.D., M.S., R.D.
VICE PRESIDENT, Medical Affairs & Nutrition Consultant, CHAMBERLAIN, Nutrition Advisory Board
- VASILIOS FRANKOS**, Ph.D., M.S.
SENIOR CORPORATE VICE PRESIDENT, Product Science, Safety and Compliance
- LUIGI GRATTON**, Ph.D., M.D.
VICE PRESIDENT, Training
- DAVID NEBER**, Ph.D., M.S., Ph.D., Ph.D., Ph.D.
CHAIRMAN, Herbalife Nutrition Institute
- STEVE HENIG**, Ph.D.
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- LOUIS IGARRRO**, Ph.D.
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SENIOR VICE PRESIDENT, Research & Development

SCAN ME

*The Notable Foundation has no affiliation with Herbalife Nutrition and does not receive, approve or endorse Herbalife Nutrition products.

About Herbalife Nutrition

Herbalife Nutrition is a global company that has been changing people's lives with great nutrition products and a proven business opportunity for its independent members since 1980. The Company offers high-quality, science-backed products, sold in over 90 countries by entrepreneurial members who provide one-on-one coaching and a supportive community that inspires their customers to embrace a healthier, more active lifestyle. For more information, please visit IamHerbalifeNutrition.com.

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Publications

ARTICLE IN PRESS

Substinet

Effects of calorie restriction with n-3 long-chain polyunsaturated fatty acids on metabolic syndrome severity in obese subjects: A randomized-controlled trial

Hulu Chan, Li... (List of authors)

ARTICLE INFO

KEYWORDS

ABSTRACT

INTRODUCTION

CONCLUSION

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ORIGINAL ARTICLE

A calorie-restriction diet supplemented with fish oil and high protein powder is associated with reduced severity of metabolic syndrome in obese women

Hulu Chan, Li... (List of authors)

ABSTRACT

INTRODUCTION

CONCLUSION

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Herbalife Nutrition At A Glance

COMMITMENT TO GROWTH

US\$4.9 BILLION in sales

71,000+ independent members

150+ countries

COMMITMENT TO GROWTH

40 YEARS

90+ countries

9,500+ independent members

150+ countries

COMMITMENT TO GROWTH

#1 brand in the world

COMMITMENT TO GROWTH

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1 IN THE WORLD

IN MEAL REPLACEMENT AND PROTEIN SUPPLEMENTS COMBINED*

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FROM SEED TO FEED

WE ARE COMMITTED TO THE highest quality of ingredients

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Quality Superiority

HERBALIFE NUTRITION

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40 Years 300+ countries 4.8M independent members

14 countries 13 countries 150+ countries

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Exhibitors' Booth

Ajinomoto (Malaysia)

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Virtual Exhibition / Ajinomoto (Malaysia)

Eat Well, Live Well.

Ajinomoto

The Founders' Vision

"Create New Value"
Founder of the umami taste
Dr. Kikunae Ikeda

Display "Pioneer Spirit"
Founder of the Ajinomoto Group
Saburotsuke Suzuki II

We create better lives globally by contributing to significant advances in food and health and by working for life.

Eat Well, Live Well.

Ajinomoto

About Ajinomoto (Malaysia)

Ajinomoto (Malaysia) Berhad started its business operations in Malaysia in year 1961. It is one of the very first Japanese companies to be set up in this country. Ajinomoto (Malaysia) is food & seasoning manufacturer with diverse marketing brand name that

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Publications

Wang Leng with less salt with natural seasoning AJI-NO-MOTO, you do!

Plant milk and natural processing plant-based milk: show a delicious recipe! Guarantee the safety of entire family.

Read, think & decide! The facts about "No MSG" labels.

Umami seasoning AJI-NO-MOTO, Facts & Safety

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Fonterra Brands

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Virtual Exhibition / Fonterra Brands

Fonterra
Dairy for life

Passionate about doing great things with dairy

About Fonterra Brands

Fonterra is a global dairy nutrition company owned by 10,000 farmers and their families. It is the largest processor of milk in the world and is the preferred supplier of dairy ingredients to many of the world's leading food companies. Fonterra is also a market leader with its own consumer dairy brands in New Zealand and Australia, Asia, Africa, the Middle East and Latin America with a strength of 20,000 people around the world. It is one of the world's largest investors expertise to produce more than two in ingredients, specialty ingredients and

Chat Sessions

Day 1 Session	Day 2 Session
Anlene Interactive Chat Session	Anlene Interactive Chat Session
Date: 24th November 2020	Date: 25th November 2020
Time: 12pm (GMT +8 Kuala Lumpur)	Time: 12pm (GMT +8 Kuala Lumpur)
Platform: Zoom	Platform: Zoom
Join Zoom	Join Zoom

Product Brochures

Fonterra Brands Malaysia Sc

Fonterra Brands Malaysia began its manufacturing plants, Susumas and C dairy nutrition to Malaysians. All dairy Development Malaysia (AKIM) and the Malaysia also adheres to international ISO 9001:2000 and GMP. Here in Mala Essential and Lacta), Ferrileaf, Calcijur Professionals with brands such as An

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Publications

MFGM has been shown to improve agility in adults

Study has shown people who drink 2 glasses of milk added with MFGM & sport test nutrients along with regular exercises experienced:

FLEXIBILITY 2x

BALANCE 3x

LEAN MUSCLE MASS 40%

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Virtual Exhibition

Exhibitors' Booth

Inbody Asia

NSM Conference 2020 35th SCIENTIFIC CONFERENCE . 24 - 25 November 2020 . MALAYSIA

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Virtual Exhibition / InBody Asia



Publications

FROM BODY COMPOSITION PERSPECTIVES COVID-19

WE ARE IN A PANDEMIC

THE KEY TO A STRONG IMMUNE SYSTEM

HOW DOES THE BODY COMPOSITION RELATE TO OUR IMMUNE SYSTEM?

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AVOID BODY FAT FROM SABOTAGE YOUR IMMUNE SYSTEM

What's a healthy body composition?

How does this tie back into the immune system?

[View Publication](#)

THINGS YOU SHOULD KNOW ABOUT BODY WATER

[View Publication](#)

HOW BODY COMPOSITION RELATED TO NON-COMMUNICABLE DISEASES

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InBody
See what you're made of

About InBody Asia

InBody is the world-renowned professional Body Composition Analysis. Our clients trust us to provide a precise body composition that reproducibility data with one easy-to-use device. The information and diet programs to maintain healthy lifestyles.

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Chat Sessions

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Day 1 Session
5-min Webinar Preview: COVID-19, OBESITY & SARCOPENIA

Date: 24th November 2020

Time: 12.30pm (GMT +8 Kuala Lumpur)

Platform: Zoom

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Day 2 Session
5-min Webinar Preview: COVID-19, OBESITY & SARCOPENIA

Date: 25th November 2020

Time: 12.30pm (GMT +8 Kuala Lumpur)

Platform: Zoom

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Video Highlight



Malaysia Milk (Vitagen)

NSM Conference 2020 35th SCIENTIFIC CONFERENCE . 24 - 25 November 2020 . MALAYSIA

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Virtual Exhibition / Malaysia Milk (Vitagen)



About Malaysia Milk (Vitagen)

VITAGEN, Malaysia's first and No. 1 cultured milk drink, is a generations of Malaysians for over 40 years since 1977. Each probiotic cultures of Lactobacillus acidophilus and Lactobacillus digestive health.

In 2018, a local landmark research conducted by Pusat Per revealed that the Lactobacillus acidophilus and Lactobacillus positive effects on digestive health and the immune system

VITAGEN continues to promote the importance of gut health nationwide. Today, the iconic bottle remains a trusted symbol

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[3. Food and Happiness - Eat Right To Boost Your Mood](#)

Product Brochures

PRODUCT INFORMATION

Vitagen Kurang Gula is a cultured milk drink, is a generations of Malaysians for over 40 years since 1977. Each probiotic cultures of Lactobacillus acidophilus and Lactobacillus digestive health.

In 2018, a local landmark research conducted by Pusat Per revealed that the Lactobacillus acidophilus and Lactobacillus positive effects on digestive health and the immune system

VITAGEN continues to promote the importance of gut health nationwide. Today, the iconic bottle remains a trusted symbol

[View Brochure](#)

[Order Now](#)

Redemption

WANT TO KNOW IF YOUR GUT IS HEALTHY?

[REDEEM A FREE STOOL TEST KIT TO FIND OUT.](#)

[FIND OUT NOW](#)

[Read Article](#)

[Read Article](#)

Virtual Exhibition

Exhibitors' Booth

Malaysian Palm Oil Board

NSM Conference 2020 35th SCIENTIFIC CONFERENCE . 24 - 25 November 2020 . MALAYSIA

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Virtual Exhibition / Malaysian Palm Oil Board

WELCOME TO
MALAYSIAN PALM OIL BOARD (MPOB)
MINISTRY OF PLANTATION INDUSTRIES AND COMMODITIES (MPIG)

4, Persiaran Institusi, Bandar Baru Bangi, 43000 Kajang, Selangor, Malaysia
Tel: +603-8926 4000 Fax: +603-8926 3444
www.mpoib.gov.my



About Malaysian Palm Oil Board

MPOB is the government agency entrusted to serve the country's oil palm and develop national objectives, policies and priorities for the wellbeing of it was incorporated by an Act of Parliament (Act 582) and established on 1 May merger, the functions of the Palm Oil Research Institute of Malaysia (PORIM) Licensing Authority (PORLA).

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Chat Sessions

<p>Day 1 Sessions 24th November 2020 (GMT +8 Kuala Lumpur)</p> <p>10am Session Join Zoom</p>	<p>Day 2 Sessions 25th Novem (GMT +8 Kuala L</p> <p>10am Session</p>
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Video Highlight

Pelancaran Program BS Wilayah Tengah (Negeri Sembilan) Stesen Petron Ogos 2017

Product Brochures

MPOB PUBLICATION

Breast Cancer
with Supplements

visit us @ <http://pdmsmshop.mpoib.gov.my>

MPOB PUBLICATION

SOCKETRY OF OIL PALM USES

visit us @ <http://pdmsmshop.mpoib.gov.my>

Mead Johnson Nutrition

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IMPROVED FORMULA



MFGM PRO

HIGHEST DHA **PREBIOTIC FOS**

TODAY builds TOMORROW

No added sugar

MPS01/0920/2019

About Mead Johnson Nutrition

At Mead Johnson, health and development of children is our sole concern.

Mead Johnson develops and markets safe, high quality, innovative products that help meet the nutritional needs of children. With more than 70 products in over 50 countries, our products are trusted by millions of parents & healthcare professionals.

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TODAY builds TOMORROW

Product Brochures



No added sugar

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Virtual Exhibition

Exhibitors' Booth

Nestlé Malaysia

NSM Conference 2020

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Virtual Exhibition / Nestlé Malaysia



Good food, Good life

About Nestlé Malaysia

Nestlé is the world's largest food and beverage manufacturer. H in 189 countries around the world, and our 328,000 empic unlocking the power of food to enhance quality of life for ever performance is driven by our Nutrition, Health and Wellness s Malaysians for over a century through our quality brands excellence and integrity. This is in line with our promise of delive

To learn more, please visit www.nestle.com.my or our Facebook <http://www.facebook.com/NestleMalaysia> or our Instagram page

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Product Brochures

Product Brochure
KIDS RANGE

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Product Brochure
ALL FAMILY RANGE

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Product Brochure
ADULTS RANGE

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Redemption

CLICK HERE TO REDEEM YOUR GOODIES!

T&C APPLY

Answer all 5 questions correctly to stand a chance to win goodies from Nestlé!

*Terms and conditions apply. First 100 persons who answer all questions correctly each day will win goodies. First come first serve.

[Click here](#)

Publications

Abstracts

White Grain Rice

An Overview of White Grain Regulations, Recommendations and Research across Southeast Asia

Abstract

Keywords

Background

Conclusion

Abstracts

White Grain Rice

White Grain Rice

Abstract

Keywords

Background

Conclusion

- About Us
- Video Highlight
- Publications
- Product Brochures
- Redeem Products

Video Highlight

0:05 / 0:20



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Virtual Exhibition / Yakult (Malaysia)

MORE THAN 70% OF YOUR IMMUNE SYSTEM IS LOCATED IN YOUR GUT

STRENGTHEN YOUR GUT WITH Yakult

Publications

About Yakult (Malaysia)

Based on over 80 years of research in Japan, Yako probiotics for healthy living by microbiologist and

Dr. Shirota's findings embodied a three-face fact the medicine* through consumption of proper nutrit ensuring good health is available for as many pe years of microbiology research, Dr. Shirota succe Lactobacillus casei Shirota strain, which has the a maintain good health. [Continue Reading...](#)

Contact Information

For further information, kindly contact:
Mazlyn Mera (mazlyn@yakult.com.my)
Lim Siew Ling (limsl@yakult.com.my)

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Chat Sessions

Day 1 Session
24th November 2020
Time: 9am-5pm (GMT +8 Kuala Lumpur)
Platform: Microsoft Teams
[Chat with Us](#)

Video Highlight

Let's visit yakult factory!

[View Publication](#)

Abstracts

Effects of Daily Probiotic Supplementations on Anxiety Reduced Physiological Parameters among Competitive Football Players

Abstract

Keywords

Background

Conclusion

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Abstracts

Effects of Daily Probiotic Supplementations on Anxiety Reduced Physiological Parameters among Competitive Football Players

Abstract

Keywords

Background

Conclusion

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APA ITU INFLUENZA?

Pada influenza adalah penyakit infeksi yang disebabkan oleh virus influenza. Virus influenza mudah berjangkit.

TINGKATKAN SISTEM IMUN BADAN

PERLINDUNGAN TERHADAP JANGKITAN INFLUENZA

[View Publication](#)

KUBASMI dengan 3 langkah

1 KEMULUT Kumur dengan air selama 30 saat.

2 BILAS Bilah dengan dengan cara yang betul

3 PINTU Minum Yakult setelah bilah

70% daripada orang-orang yang bilah dengan cara yang betul.

80 billion bilion bakteria yang baik dalam setiap botol Yakult.

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D. APPENDICES

Sample Certificates



Sample Certificates



END & THANK YOU

For more information, please contact:

Dr Tee E Siong (president@nutriweb.org.my)

President of the Nutrition Society of Malaysia (NSM)

Or

NSM Conference Secretariat:



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- Ms Muhaini Hussin (muhaini@versa-group.com)
- Ms Rasyidah Ali (rasyidah@versa-group.com)